

**FALL**  
2014

Kent Parks, Recreation & Community Services  
**Program Guide**

Classes, Sports, Arts & Entertainment,  
Teen Programs, Adult 50+ Activities



WebReg Registration **August 11** • Open Registration **August 13**  
**[webreg.KentWA.gov](http://webreg.KentWA.gov) • [KentWA.gov](http://KentWA.gov)**



# 2014 FALL PROGRAM GUIDE



## Mayor's Message

What a beautiful summer we experienced this year! We had a tremendous turnout for Kent's International Festival at ShoWare Center, a glorious Splash celebration at Lake Meridian for the 4th of July, followed by Kent's ever-popular Cornucopia Days.

As we ease into fall, our weather turns cooler and the nights become longer, many of us have a tendency to spend more time indoors. But we can extend our days and spark our energy levels - this year's fall edition of the Kent Parks, Recreation and Community Services Program Guide offers a wide variety of classes, events and activities to help keep us active. Whether you enjoy painting, developing your culinary skills, pottery, or exercise classes in one form or another, I am certain you will find something of interest.

ShoWare Center is another venue for great events. In addition to the Seattle Thunderbirds Ice Hockey team, the new Seattle Impact FC joins the Major Arena Soccer League with ShoWare Center as their home base. It's also host to a variety of music events, sporting events and children's shows. Visit [ShoWareCenter.com](http://ShoWareCenter.com) to keep up-to-date on exciting events occurring during the fall months.

**Kent is your City** – so get out and enjoy everything this dynamic city has to offer.

## City of Kent Parks, Recreation & Community Services Mission Statement

### *"Dedicated to Enriching Lives"*

We are committed to providing safe and inviting parks and facilities, meaningful and diverse recreational programs, cultural activities and human services.

Our staff is responsive, positive and ethical in their dedication to delivering:

**Personal Benefits** that strengthen self esteem, improve health and promote self sufficiency.

**Social Benefits** that bring families together and unite people within our diverse community.

**Economic Benefits** that welcome new business relocation and expansion which leads to a more productive work force and increased tourism opportunities.

**Environmental Benefits** that protect and preserve natural areas, open space and enhance air and water quality.

## Statement of Inclusion

"Everyone in the City of Kent community shall have the opportunity to equally participate in, benefit from, and enjoy the parks and recreation programs and facilities. Our mission is dedicated to enriching the lives of all persons participating in Kent Parks, Recreation and Community Services."

In using City Park Facilities for any adult or youth community athletic program, as that term is defined in RCW 49.60.500, no group may discriminate in program participation on the basis of sex.

## ADA Access



The City of Kent is committed to providing programs and services accessible to individuals with disabilities. Requests for special accommodations will be considered on a case-by-case basis. For TDD users, call 1-800-833-6388; Telebraille, 1-800-833-6385 and voice, 1-800-833-6384. This service provided by Washington State Telecommunications Relay Service at no cost except long distance charges.

*Programs sponsored in cooperation  
with the Kent School District.*

**From the cover:** Arbor Day Volunteers at  
West Fenwick Park

## STAFF

### CITY OF KENT

Mayor ..... Suzette Cooke  
Chief Administrative Officer  
..... Derek Matheson

### CITY COUNCIL

Dana Ralph, President  
Jim Berrios  
Bill Boyce  
Brenda Fincher  
Dennis Higgins  
Deborah Ranniger  
Les Thomas

### PARKS COMMITTEE

Deborah Ranniger, Chair;  
Brenda Fincher, Dennis Higgins  
Meets: 3<sup>rd</sup> Thursday of every month at 5:00 p.m.

### ARTS COMMISSION

Lynn Bohart, Sharona Chandra, Dan Cox, Bayard  
DuBois, Jennifer Dye, Tonya Goodwillie, Wendy  
Johnson, Elena Luna, Susan Machler, Linda  
Mackintosh, Kathy Morelli, Suzanne Smith, Jen  
Treese  
Meets: 4<sup>th</sup> Tuesday of every month at 5:30 p.m.

### PARKS ADMINISTRATION

Parks, Recreation & Community  
Services Director ..... Jeff Watling

### DIVISION HEADS

Facilities Superintendent ..... Alex Ackley  
  
Golf Maintenance  
Superintendent ..... Pete Petersen  
  
Housing & Human Services  
Manager ..... Katherin Johnson  
  
Parks Planning & Development  
Superintendent ..... Hope Gibson  
  
Parks Maintenance  
Superintendent ..... Garin Lee  
  
Recreation & Cultural Services  
Superintendent ..... Lori Hogan

## EARLY REGISTRATION

Kent Parks is offering WebReg users the opportunity to register two days earlier than participants faxing, mailing, phoning or walking in their registrations.

**Registration using WebReg, [webreg.KentWA.gov](http://webreg.KentWA.gov) will begin at 12:01 a.m. on August 11. Open registration August 13.**

To use this system, please have the following ready:  
Family PIN, Client Number, Class Course Numbers and a Visa or MasterCard  
For more information, please call (253) 856-5000.

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## Kent Parks, Recreation & Community Services Department

Adaptive Recreation/Youth & Teen Programs .....	(253) 856-5030
Administration .....	(253) 856-5100
Cultural Programs .....	(253) 856-5050
Cultural Program Ticket Sales .....	(253) 856-5051
Event Information (Recorded) .....	(253) 856-5060
Facilities .....	(253) 856-5080
Home Repair .....	(253) 856-5065
Human Services .....	(253) 856-5070
Kent Commons Offices/Registration .....	(253) 856-5000
Kent Senior Activity Center (Adults 50+) .....	(253) 856-5150
Maintenance .....	(253) 856-5120
Planning & Open Space .....	(253) 856-5110
Sports Rainout Line/Inclement Weather .....	(253) 856-5020
TTY (for hearing impaired) .....	(800) 833-6388

**Kent Community Food Bank** .....

(253) 520-3550

**Kent Downtown Partnership** .....

(253) 813-6976

**Kent Meridian Pool** .....

(253) 854-9287

**Kent Parks Foundation** .....

(253) 856-5099

**Kent Valley Ice Centre** .....

(253) 850-2400

### Riverbend Golf Course

Riverbend 18-Hole Course/Tee Time .....	(253) 854-3673
Reservations/Information .....	(253) 854-4653
Riverbend Par-3 Course .....	(253) 854-4653
Riverbend Driving Range/Miniature Golf .....	(253) 859-4000

**Notice to our customers:** Effective March 21, 2012 a \$1 technology fee per transaction is being applied to support systems that provide convenience and efficient service delivery.

## Save the Date!

**Worldwide Day of Play – September 19**

**Spotlight Series – September – April**

**ReLeaf at Clark Lake Park – October 11**

**Holiday Craft Market – November 7 & 8**

**Kent Senior Activity Center**

**Holiday Bazaar – December 5 & 6**

**Kent Commons**

**Christmas Rush Fun Run – December 13**

## Inclement Weather Policy

The safety of program participants is a prime consideration when determining if programs should be cancelled due to inclement weather. Parks Department classes and programs are cancelled when the Kent School District closes due to inclement weather. For information about evening or weekend cancellations, please call 253-856-5020. Possible exceptions may include performances; please call the Cultural Programs office at 253-856-5050. For activities scheduled at non school district facilities, please call the facility; Kent Commons 253-856-5000; Senior Center 253-856-5150; or Adaptive Recreation 253-856-5030 for information regarding activities and facility operation.

## Connect with Kent



facebook.com/cityofkent



@cityofkent



youtube.com/kentTV21

**KentWA.gov**

**DriveKent.com**

**KentCodeRed.com**

**CrimeReports.com**



Want the latest announcements about City activities? Connect with Kent on-line through **KentWA.gov/eAlerts** and subscribe to the topics that interest you.



# PRESCHOOL PROGRAMS

## PARENTS

Preschool classes for ages 3 and up are designed for children only. Please check with your instructor to learn when the parent observation day will be. If you wish to participate with your child, please register for a parent/tot or parent participation class.

## Activities



### INDOOR PARK (10 mos–4½ yrs)

**Tuesdays, Wednesdays and Thursdays from 9:30–11:00 a.m.**

Come and experience our Indoor Park, a traditional outdoor playground brought inside. On Tuesday, Wednesday and Thursday mornings, play with our toys, balls and playground equipment in a dry and safe environment.

Parents are required to supervise their children at all times (maximum of three children per adult). Cost is \$2 per visit for the first child and \$1 for each additional child, or buy a 10-visit pass for \$15. Call (253) 856-5000 for more information.

Tuesday, Wednesday & Thursday - 9:30-11:00am

**October 7, 8, 9, 14, 15, 16, 21, 22, 23, 28, 29, 30**

**November 4, 5, 6, 12, 13, 18, 19, 20**

**December 2, 3, 9, 10, 11, 16, 17, 18**

**January 6, 7, 8, 13, 14, 15, 20, 21, 22, 27, 28, 29**

**February 3, 4, 5, 10, 11, 12, 24, 25, 26**

No Indoor Park: 11/11, 11/25-11/27, 12/4, 12/23-1/1, 2/17-2/19

### LITTLE MOZART'S MUSIC (Ages 3-6)

Bring out the musician inside your child with this fun program that starts your Little Mozart on their way to learning rhythm, timing, melody and notation. They'll have fun singing and moving, clapping and tapping with Mozart Mouse, Beethoven Bear and Music Friends. A variety of tuned, auxiliary and multicultural percussion instruments will be used during class. New material introduced every quarter and students progress at their own pace.

52338 Tu 1:00 pm-2:00 pm 9/9-11/18  
Kent Commons S. Anderson 10 sess/\$90  
No class 11/11

### PLAY TIME PALS (Ages 20-36 Mos)

Enjoy time together singing, learning, getting messy and playing in an inclusive preschool class led by an early childhood specialist. Children will develop friendships with a wide variety of peers, some of whom have special needs. Look for our Movin' & Groovin' class on page 17.

52306 M 9:00 am-10:30 am 9/8-10/27  
52307 M 11:00 am-12:30 pm 9/8-10/27  
8 sess/\$56

52308 M 9:00 am-10:30 am 11/3-12/15  
52309 M 11:00 am-12:30 pm 11/3-12/15  
7 sess/\$49

52310 Tu 9:00 am-10:30 am 9/2-10/14  
52311 Tu 11:00 am-12:30 pm 9/2-10/14  
7 sess/\$49

52312 Tu 11:00 am-12:30 pm 10/21-12/16  
52336 Tu 9:00 am-10:30 am 10/21-12/16  
8 sess/\$56

No class 11/11

52313 W 9:00 am-10:30 am 9/3-10/15  
6 sess/\$42

No class 10/1

52314 W 11:00 am-12:30 pm 9/3-10/15  
7 sess/\$49

52315 W 9:00 am-10:30 am 10/22-12/17  
8 sess/\$56

No class 12/3

52337 W 11:00 am-12:30 pm 10/22-12/17  
9 sess/\$63

52316 Th 9:00 am-10:30 am 9/4-10/16  
52317 Th 11:00 am-12:30 pm 9/4-10/16  
7 sess/\$49

52318 Th 9:00 am-10:30 am 10/23-12/18  
52319 Th 11:00 am-12:30 pm 10/23-12/18  
SKIP/CTC C. Staff 8 sess/\$56

No class 11/27

## Martial Arts

### TINY TIGERS (Ages 3-4)

An introduction to martial arts; balance, strength and coordination, and safety. Games, balls, obstacle courses and more are used to enhance learning. Parent participation is required.

52343 Th 4:00 pm-4:45 pm 9/4-9/25  
52339 Tu 4:00 pm-4:45 pm 9/9-9/30  
52344 Th 4:00 pm-4:45 pm 10/2-10/23  
52340 Tu 4:00 pm-4:45 pm 10/7-10/28  
52345 Th 4:00 pm-4:45 pm 10/30-11/20  
52341 Tu 4:00 pm-4:45 pm 11/4-11/25  
52342 Tu 4:00 pm-4:45 pm 12/2-12/23

ACMMA R. Dye 4 sess/\$35

## Movement GYMNASTICS

Our Parent & Tot class is the ideal place to have organized, safe fun exploring movement with your child in a gymnastics environment. In the Preschool classes your child will be introduced to basic movement and gymnastics.

### Ages 16 Months - 3 Years - Parent/Tot

52349 Sa 9:00 am-9:45 am 9/6-9/27  
52350 Sa 9:00 am-9:45 am 10/4-10/25  
52351 Sa 9:00 am-9:45 am 11/1-11/22  
52393 Sa 9:00 am-9:45 am 11/29-12/20

### Ages 3 Years - 5 Years - Pre-school

52352 M 5:00 pm-5:45 pm 9/8-9/29  
52353 M 5:00 pm-5:45 pm 10/6-10/27  
52354 M 5:00 pm-5:45 pm 11/3-11/24  
52355 M 5:00 pm-5:45 pm 12/1-12/22

52356 Tu 5:00 pm-5:45 pm 9/9-9/30  
52360 Tu 6:00 pm-6:45 pm 9/9-9/30  
52357 Tu 5:00 pm-5:45 pm 10/7-10/28  
52361 Tu 6:00 pm-6:45 pm 10/7-10/28  
52358 Tu 5:00 pm-5:45 pm 11/4-11/25  
52362 Tu 6:00 pm-6:45 pm 11/4-11/25  
52359 Tu 5:00 pm-5:45 pm 12/2-12/23  
52363 Tu 6:00 pm-6:45 pm 12/2-12/23

52364 W 3:00 pm-3:45 pm 9/3-9/24  
52365 W 5:00 pm-5:45 pm 9/3-9/24  
52366 W 3:00 pm-3:45 pm 10/1-10/22  
52367 W 5:00 pm-5:45 pm 10/1-10/22  
52371 W 5:00 pm-5:45 pm 11/26-12/17  
52368 W 3:00 pm-3:45 pm 10/29-11/19  
52369 W 5:00 pm-5:45 pm 10/29-11/19  
52370 W 3:00 pm-3:45 pm 11/26-12/17

52372 Th 5:00 pm-5:45 pm 9/4-9/25  
52373 Th 6:00 pm-6:45 pm 9/4-9/25  
52391 Th 6:00 pm-6:45 pm 10/2-10/23  
52392 Th 5:00 pm-5:45 pm 10/2-10/23  
52374 Th 5:00 pm-5:45 pm 10/30-11/20  
52375 Th 6:00 pm-6:45 pm 10/30-11/20  
52376 Th 5:00 pm-5:45 pm 12/4-12/20  
52377 Th 6:00 pm-6:45 pm 12/4-12/20

52380 Sa 10:00 am-10:45 am 9/6-9/27  
52381 Sa 11:00 am-11:45 am 9/6-9/27  
52382 Sa 10:00 am-10:45 am 10/4-10/25  
52383 Sa 11:00 am-11:45 am 10/4-10/25  
52384 Sa 10:00 am-10:45 am 11/1-11/22  
52385 Sa 11:00 am-11:45 am 11/1-11/22  
52386 Sa 10:00 am-10:45 am 11/29-12/20  
52387 Sa 11:00 am-11:45 am 11/29-12/20

Hart's Gymnastics H. Staff 4 sess/\$50

# PRESCHOOL PROGRAMS

## TAG ALONG TODDLERS (Ages 1-2 yrs)

Your toddler (must be walking) will cruise with you over and through the obstacle courses, jump on the trampoline, catch bubbles and sing songs in this interactive class.

52394	Tu, Th	10:00 am-10:45 am	9/3-9/30
52395	Tu, Th	10:00 am-10:45 am	10/1-10/28
52396	Tu-Th	10:00 am-10:45 am	11/4-11/26
12 sess/\$55			
52397	Tu-Th	10:00 am-10:45 am	12/2-12/18
Gym Starz		R. Schifano	9 sess/\$42
Gymnastics			

## TEENY WEENY WIGGLERS (18 mos-3 yrs)

Music, games, songs, parachute play and dance make this a lively and fun class for parents and toddlers.

52399	W	9:30 am-10:15 am	9/3-12/3
Kent Commons		M. Murphy-Brown	13 sess/\$85
No class 11/26			



## Music

### LITTLE MOZARTS BEGINNING PIANO (Age 4-8)

This one-on-one Beginning Piano (Ages 4-6) class uses Alfred's 'Music for Little Mozarts' piano books and is great for the young musician with no previous piano experience, and for the continuing Little Mozarts (Ages 4-8) (any student who has already completed one full quarter). Class covers posture and hand position, technique, musical notation, ear training and performance skills. All required lesson materials are included in the course fee. Optional supplemental materials are available at an additional cost and is payable to the instructor. A piano or keyboard at home and daily practice of lesson material is highly recommended. A digital keyboard will be provided during lessons.

52404	Tu	4:00 pm-4:20 pm	9/9-11/18
52405	Tu	4:20 pm-4:40 pm	9/9-11/18
52406	Tu	5:00 pm-5:20 pm	9/9-11/18
52407	Tu	5:20 pm-5:40 pm	9/9-11/18
52408	Tu	5:40 pm-6:00 pm	9/9-11/18
52409	Tu	6:00 pm-6:20 pm	9/9-11/18
52410	Tu	6:40 pm-7:00 pm	9/9-11/18
52411	Tu	7:00 pm-7:20 pm	9/9-11/18

Kent Commons S. Anderson 10 sess/\$100  
No class 11/11



# YOUTH PROGRAMS



## Dance

### BALLET & TAP (Ages 6-12)

Students must have 9 months to 1 year of pre-ballet & tap. This class will take the student to a higher level in ballet with more technique, terms, grace and an introduction to Lyrical Ballet. Additional combinations in tap and faster, more exciting moves will be introduced.

52452 Sa 11:00 am-11:45 am 9/13-12/6  
Kent Commons S. Anderson 13 sess/\$85  
No class 11/29

### BALLET I & TAP (Ages 6-9)

Beginning ballet & tap class that introduces basic steps. Suggested dress: leotards, tights, pink ballet shoes and black tap shoes.

52453 W 4:45 pm-5:45 pm 9/3-12/3  
Kent Commons M. Murphy-Brown 13 sess/\$91  
No class 11/26

### BALLET & TAP II (Ages 6-10)

Dancers must have completed one year of Ballet & Tap.

53184 F 5:00 pm-6:00 pm 9/5-12/5  
Kent Commons M. Murphy-Brown 12 sess/\$84  
No class 10/31, 11/28

### BALLET I (Ages 6-11)

Beginning ballet class that introduces basic steps. Suggested dress: leotards, tights and ballet shoes.

52454 Th 4:15 pm-5:15 pm 9/4-12/4  
Kent Commons M. Murphy-Brown 13 sess/\$91  
No class 11/27

### BALLET II (Ages 8-14)

This class is for experienced dancers with a full year of Ballet I.

52455 Th 6:00 pm-7:00 pm 9/4-12/4  
Kent Commons M. Murphy-Brown 13 sess/\$91  
No class 11/27

### BALLET III (Ages 14-18)

This is an advanced class for dancers with one full year of Ballet II. Instructor permission is required.

52456 Tu 6:15 pm-7:15 pm 9/2-12/2  
Kent Commons M. Murphy-Brown 13 sess/\$91  
No class 11/11

### DANCE TEAM I & II (Ages 6-16)

Variety of dance experiences and pom pom routines. Basic combinations of beginning level ballet, jazz, hip-hop and cheerleading. Wear comfortable dance attire and black soft sole dance shoes. Pom pom fee of \$14 payable to instructor at first class.

52494 Th 6:00 pm-7:00 pm 9/11-12/4  
Kent Commons S. Anderson 12 sess/\$84  
No class 11/27

### DANCE TEAM II (Ages 8-16)

This class is for participants who have had at least one full quarter of Dance Team I.

52998 Th 7:00 pm-8:00 pm 9/11-12/4  
52457 Sa 11:45 am-12:30 pm 9/13-12/6  
Kent Commons S. Anderson 12 sess/\$84  
No class 11/29

### HIP HOP (Ages 6+)

Learn the basics of beginning level hip hop dance. Class includes warm-up exercises, floor work and dancing to the beat. Wear black ballet shoes.

52497 Th 5:00 pm-6:00 pm 9/11-12/4  
Kent Commons S. Anderson 12 sess/\$84  
No class 11/27

### HIP HOP DANCE (Ages 6-10)

With this being a popular new style to learn, beginning hip-hop will introduce students to basic steps. Class includes warm-up exercises, across the floor moves and grooving with the music! Attire: comfortable loose clothing and tennis shoes.

52458 Sa 1:15 pm-2:00 pm 9/13-12/6  
Kent Commons S. Anderson 12 sess/\$85  
No class 11/29

### BEGINNER IRISH SOFT SHOE (Ages 6-16)

Open to first time & beginner dancers. Students will learn the reel & light jig as well as work on proper posture, form & rhythm. Wear comfortable clothing, socks or ballet shoes okay.

52459 Tu 4:15 pm-5:00 pm 9/9-12/9  
Kent Commons P. Martig 12 sess/\$110  
No class 11/11, 11/25

### IRISH SOFT SHOE I (Ages 7-16)

Open to dancers who have basic soft shoe skills, reel & light jig. Students will learn the single jig & slip jig and work on proper posture, form & rhythm. Wear comfortable clothing, socks or ballet shoes okay.

52461 Tu 5:00 pm-5:45 pm 9/9-12/9  
Kent Commons P. Martig 12 sess/\$110  
No class 11/11, 11/25

### IRISH SOFT SHOE II (Ages 7-16)

Open to dancers who know all four soft shoe dances. Students will learn novice soft shoe steps & Ceili dances. Wear comfortable clothing, Irish gullies recommended.

52463 Tu 5:45 pm-6:30 pm 9/9-12/9  
Kent Commons P. Martig 12 sess/\$110  
No class 11/11, 11/25

### IRISH FAST HARD SHOE (Ages 7 - 18)

Open to dancers who are qualified for and enrolled in Irish Soft Shoe II or above and wither new to hard shoe or working on the fast hard shoe rhythm. Students will learn the traditional treble jig, traditional hornpipe & St. Patrick's Day. Wear comfortable clothing, Irish hard shoes required.

52465 Tu 6:30 pm-7:00 pm 9/9-12/9  
Kent Commons P. Martig 12 sess/\$74  
No class 11/11, 11/25

### ADVANCED HARD SHOE (Ages 7-18)

Open to dancers who have demonstrated proficiency in the traditional hard shoe dances. Students will learn the slow hard shoe dances & advanced traditional set dances. Wear comfortable clothing, Irish hard shoes required.

52467 Tu 7:00 pm-7:45 pm 9/9-12/9  
Kent Commons P. Martig 12 sess/\$110  
No class 11/11, 11/25

**HOLIDAY DANCE RECITAL** All fall dance students will have the opportunity to participate in the Kent Parks Holiday Dance Recital on Saturday, December 13. More information will be distributed in class. Participation is optional. Dance costumes must be purchased and range in price from \$30-\$40. Admission tickets for the recital are \$2 youth and \$4 adults.



# YOUTH PROGRAMS

## ADVANCED SOFT SHOE (Ages 7-18)

Open to dancers who have a good knowledge of all soft shoe dances. Students will learn advanced soft shoe steps, Ceili dances and original choreography. Wear comfortable clothing, Irish gullies required.

52469 Tu 7:45 pm-8:30 pm 9/9-12/9  
Kent Commons P. Martig 12 sess/\$110  
No class 11/11, 11/25

## INTERMEDIATE HIP HOP DANCE (Ages 10-14)

Must have 1 full quarter of Hip Hop Dance prior to taking this class.

52471 Sa 12:30 pm-1:15 pm 9/13-12/6  
Kent Commons S. Anderson 12 sess/\$85  
No class 11/29

## LIL' HIP HOPPERS (Ages 5-7)

These lil' dancers will have a blast learning the basics of this popular dance style to age appropriate music. Wear comfortable dance attire. Black ballet or jazz shoes required.

52473 Sa 10:15 am-11:00 am 9/13-12/6  
Kent Commons T. Kirk 12 sess/\$85  
No class 11/29

## TAP & HIP HOP JAZZ FOR BOYS (Ages 7-12)

Finally, a dance class just for boys! This beginning/continuing level class will build on the basic steps for both tap and hip hop jazz dance. Students will develop the skills, athleticism and focus needed for dancing, in a fun environment where boys can be boys. Wear comfortable clothing, black tap and jazz shoes are required.

52490 Th 6:30 pm-7:30 pm 9/11-12/4  
Kent Commons T. Kirk 12 sess/\$84  
No class 11/27

## TAP & HIP HOP JAZZ I (Ages 6-11)

Develop dance skills in this beginner level class, with fun and energetic dancing to upbeat music. No experience necessary. Black tap and jazz/ballet shoes required.

52491 Th 5:30 pm-6:30 pm 9/11-12/4  
Kent Commons T. Kirk 12 sess/\$84  
No class 11/27

## TAP & HIP HOP JAZZ II & III (Ages 11-18)

This class is designed for continuing Tap & Hip Hop Jazz students, or beginning students with prior dance experience. Black tap and black jazz/ballet shoes required.

52492 Th 7:30 pm-8:30 pm 9/11-12/4  
Kent Commons T. Kirk 12 sess/\$84  
No class 11/27

## CONTINUING PRE-BALLET (Ages 4-6)

Students must have completed one year of Pre-Ballet.

53183 Th 10:15 am-11:00 am 9/4-12/4  
Kent Commons M. Murphy-Brown 13 sess/\$85  
No class 11/27

## MOM 'N' ME PRE-BALLET (Ages 3-5)

Together you will learn simple ballet techniques to lively music. Ballet shoes preferred, but not required. Wear comfortable clothing.

53182 M 9:30 am-10:15 am 9/8-12/1  
Kent Commons M. Murphy-Brown 13 sess/\$85

## PRE-BALLET

Young dancers will develop strength and coordination while having fun discovering the joy of dance. Suggested dress: leotards, tights & ballet shoes (girls - pink, boys - black).

### Ages 3 - 4

52480 Tu 2:00 pm-2:45 pm 9/2-12/2  
52481 Tu 4:15 pm-5:00 pm 9/2-12/2  
13 sess/\$85

No class 11/11

52482 W 11:00 am-11:45 am 9/3-12/3  
13 sess/\$85

No class 11/26

52483 Th 9:30 am-10:15 am 9/4-12/4  
13 sess/\$85

No class 11/27

52479 M 10:15 am-11:00 am 9/8-12/1  
Kent Commons M. Murphy-Brown 13 sess/\$85

### Ages 4 - 6

52484 Tu 5:30 pm-6:15 pm 9/2-12/2  
13 sess/\$85

No class 11/11

52485 W 10:15 am-11:00 am 9/3-12/3  
13 sess/\$85

No class 11/26

52486 Th 5:15 pm-6:00 pm 9/4-12/4  
13 sess/\$85

No class 11/27

52487 F 4:15 pm-5:00 pm 9/5-12/5  
M. Murphy-Brown 12 sess/\$78

No class 10/31, 11/28

52488 Sa 9:30 am-10:15 am 9/13-12/6  
Kent Commons T. Kirk 12 sess/\$85  
No class 11/29

## PRE-BALLET & TAP

This combination class of ballet and tap includes simple ballet techniques and basic tap shuffles. Pink ballet and black tap shoes required.

### Ages 4-6

52475 W 5:45 pm-6:45 pm 9/3-12/3  
52476 Th 11:00 am-12:00 pm 9/4-12/4  
52474 M 11:00 am-12:00 pm 9/8-12/1 S.  
M. Murphy-Brown 13 sess/\$91

No class 11/26, 11/27

### Ages 5-7

52477 Sa 10:15 am-11:00 am 9/13-12/6  
Kent Commons S. Anderson 12 sess/\$85  
No class 11/29

## PRE-BALLET & TAP CONTINUING (Ages 4-6)

Must have one full quarter of pre-ballet and tap prior to taking this class.

52478 W 3:45 pm-4:45 pm 9/3-12/3  
Kent Commons M. Murphy-Brown 13 sess/\$91  
No class 11/26

## PRE-TAP & JAZZ (Ages 4-6)

Sample the joy of dance in this combination class, where young dancers will learn basic tap steps and creative movement through jazz dance in a fun environment, to age appropriate music. Suggested dress: leotard and tights. Black tap shoes and black jazz/ballet shoes required.

52489 Sa 11:00 am-12:00 pm 9/13-12/6  
Kent Commons T. Kirk 12 sess/\$91  
No class 11/29



# YOUTH PROGRAMS



## General

### SAFE AT HOME (Ages 8-12)

Come learn how to be responsible and safe in any situation. We will cover family communication, first aid, Internet, gun, phone and door safety. Parents are invited back for the last half hour of class for a video presentation and discussion.

52499 Sa 3:00 pm-5:00 pm 12/6  
Kent Commons J. Balls 1 sess/\$30

### SUPER SITTERS (Ages 11-16)

Boys and Girls, come for a day of fun while earning your Super Sitters Certificate. This class will cover leadership and the business of babysitting, basic care for children, understanding children of different age groups, and safety and first aid. Bring a sack lunch and snack to class.

52501 Sa 9:00 am-3:00 pm 12/6  
Kent Commons J. Balls 1 sess/\$60

## Gymnastics

### GIRL'S GYMNASTICS (Ages 6-12)

At Hart's Gymnastic Center we combine the fun with fitness while offering you the best gymnastic instruction in the Northwest! [www.hartsgymnastics.com](http://www.hartsgymnastics.com)

52518	M	6:00 pm-6:55 pm	9/8-9/29
52519	M	5:00 pm-5:55 pm	9/8-9/29
52520	M	5:00 pm-5:55 pm	10/6-10/27
52521	M	6:00 pm-6:55 pm	10/6-10/27
52522	M	5:00 pm-5:55 pm	11/3-11/24
52523	M	6:00 pm-6:55 pm	11/3-11/24
52524	M	5:00 pm-5:55 pm	12/1-12/22
52525	M	6:00 pm-6:55 pm	12/1-12/22

52528	Tu	5:00 pm-5:55 pm	9/9-9/30
52529	Tu	6:00 pm-6:55 pm	9/9-9/30
52542	Tu	7:00 pm-7:55 pm	9/9-9/30
52543	Tu	5:00 pm-5:55 pm	10/7-10/28
52544	Tu	6:00 pm-6:55 pm	10/7-10/28
52545	Tu	7:00 pm-7:55 pm	10/7-10/28
52546	Tu	5:00 pm-5:55 pm	11/4-11/25
52547	Tu	6:00 pm-6:55 pm	11/4-11/25
52548	Tu	7:00 pm-7:55 pm	11/4-11/25
52549	Tu	5:00 pm-5:55 pm	12/2-12/23
52550	Tu	6:00 pm-6:55 pm	12/2-12/23
52551	Tu	7:00 pm-7:55 pm	12/2-12/23

52531	W	5:00 pm-5:55 pm	9/3-9/24
52532	W	6:00 pm-6:55 pm	9/3-9/24
52533	W	5:00 pm-5:55 pm	10/1-10/22
52534	W	6:00 pm-6:55 pm	10/1-10/22
52535	W	5:00 pm-5:55 pm	10/29-11/19
52536	W	6:00 pm-6:55 pm	10/29-11/19
52537	W	5:00 pm-5:55 pm	11/26-12/17
52538	W	6:00 pm-6:55 pm	11/26-12/17

52541	Th	5:00 pm-5:55 pm	9/4-9/25
52576	Th	6:00 pm-6:55 pm	9/4-9/25
52577	Th	7:00 pm-7:55 pm	9/4-9/25
52554	Th	5:00 pm-5:55 pm	10/2-10/23
52555	Th	6:00 pm-6:55 pm	10/2-10/23
52556	Th	7:00 pm-7:55 pm	10/2-10/23
52557	Th	5:00 pm-5:55 pm	10/30-11/20
52558	Th	6:00 pm-6:55 pm	10/30-11/20
52559	Th	7:00 pm-7:55 pm	10/30-11/20
52560	Th	5:00 pm-5:55 pm	12/4-12/20
52561	Th	6:00 pm-6:55 pm	12/4-12/20
52562	Th	7:00 pm-7:55 pm	12/4-12/20

52566	Sa	10:00 am-10:55 am	9/6-9/27
52567	Sa	11:00 am-11:55 am	9/6-9/27
52568	Sa	10:00 am-10:55 am	10/4-10/25
52569	Sa	11:00 am-11:55 am	10/4-10/25
52570	Sa	10:00 am-10:55 am	11/1-11/22
52571	Sa	11:00 am-11:55 am	11/1-11/22
52572	Sa	10:00 am-10:55 am	11/29-12/20
52573	Sa	11:00 am-11:55 am	11/29-12/20

Hart's Gymnastics H. Staff 4 sess/\$58  
Center

### BOY'S GYMNASTICS (Ages 6-12)

Learn skills on the six Olympic men's events while also enjoying the trampoline and loose foam pits.

52513	Th	5:00 pm-5:55 pm	9/4-9/25
52508	M	5:00 pm-5:55 pm	9/8-9/29
52503	Tu	6:00 pm-6:55 pm	9/9-9/30
52514	Th	5:00 pm-5:55 pm	10/2-10/23
52509	M	5:00 pm-5:55 pm	10/6-10/27
52504	Tu	6:00 pm-6:55 pm	10/7-10/28
52515	Th	5:00 pm-5:55 pm	10/30-11/20
52510	M	5:00 pm-5:55 pm	11/3-11/24
52505	Tu	6:00 pm-6:55 pm	11/4-11/25
52511	M	5:00 pm-5:55 pm	12/1-12/22
52506	Tu	6:00 pm-6:55 pm	12/2-12/23
52516	Th	5:00 pm-5:55 pm	12/4-12/20

Hart's Gymnastics Center H. Staff 4 sess/\$58

### GYMNASTICS CAMP (Ages 5+)

Learn and improve your gymnastic skills on the Olympic events, you will jump on our 40-foot trampoline, fly into the loose foam pit, do crafts, and more! Snack and supplies provided, bring a sack lunch and water bottle. Please call the Kent Commons to register using the family discount.

52578 M-W 8:00 am-3:00 pm 12/29-12/31  
Hart's Gymnastics Staff 3 sess/\$100  
Center 2 Children \$175  
3 Children \$225

## Martial Arts

### BEGINNING KARATE FOR HOMESCHOOLERS

Learn the fundamentals with an emphasis on developing balance, coordination and concentration. Basic self-defense techniques will be introduced.

#### Ages 4 - 8

52580	W	2:00 pm-2:45 pm	9/3-9/24
52581	W	2:00 pm-2:45 pm	10/1-10/22
52582	W	2:00 pm-2:45 pm	10/29-11/19
			4 sess/\$35
52583	W	2:00 pm-2:45 pm	12/3-12/17
			3 sess/\$27

#### Ages 9-14

52585	W	2:45 pm-3:30 pm	9/3-9/24
52586	W	2:45 pm-3:30 pm	10/1-10/22
52587	W	2:45 pm-3:30 pm	10/29-11/19
			4 sess/\$35
52588	W	2:45 pm-3:30 pm	12/3-12/17
			3 sess/\$27

ACMMA R. Dye 3 sess/\$27

## Kent Valley Ice Centre

### Learn To Skate Classes

Classes start every month year round

\$13.70 per week (8 week classes)

Skate Rental Available: 253-850-2400 x19

[www.kentvalleyicecentre.com](http://www.kentvalleyicecentre.com)

## Kent Valley Hockey Association

### Learn To Play Hockey Classes

Classes start every month September thru May

\$13.30 per week (up to 24 weeks)

Skate & Equipment Rental Available: 253-850-2400 x14

[www.kentvalleyhockey.com](http://www.kentvalleyhockey.com)



## KARATE FOR CHILDREN (Ages 5-13)

Programs emphasize developing balance, coordination, concentration and respect for self and others.

### Ages 5-6

52590	W	4:00 pm-4:45 pm	9/3-9/24
52595	Sa	10:15 am-11:00 am	9/6-9/27
52591	W	4:00 pm-4:45 pm	10/1-10/22
52613	Sa	10:15 am-11:00 am	10/4-10/25
52592	W	4:00 pm-4:45 pm	10/29-11/19
52596	Sa	10:15 am-11:00 am	11/8-11/29 4 sess/\$35

52593	W	4:00 pm-4:45 pm	12/3-12/17
52597	Sa	10:15 am-11:00 am	12/6-12/27 3 sess/\$27

### Ages 7-10

52612	Th	5:30 pm-6:15 pm	9/4-9/25
52603	Sa	11:00 am-11:45 am	9/6-9/27
52599	Th	5:30 pm-6:15 pm	10/2-10/23
52614	Sa	11:00 am-11:45 am	10/4-10/25
52600	Th	5:30 pm-6:15 pm	10/30-11/20
52611	Sa	11:00 am-11:45 am	11/8-11/29 4 sess/\$35

52601	Th	5:30 pm-6:15 pm	12/4-12/18
52604	Sa	11:00 am-11:45 am	12/6-12/27 3 sess/\$27

### Ages 11-13

52606	Tu	4:45 pm-5:30 pm	9/9-9/30
52607	Tu	4:45 pm-5:30 pm	10/7-10/28
52608	Tu	4:45 pm-5:30 pm	11/4-11/25
52609	Tu	4:45 pm-5:30 pm	12/2-12/23
ACMMA	R. Dye		4 sess/\$35

## GUITAR LESSONS (Ages 10+)

One-on-one lesson designed for students with acoustic or electric guitar. Class covers basic techniques, hand position, fingering, tuning and care. Please bring your guitar to class.

52837	M	3:00 pm-3:30 pm	9/8-9/29
52838	M	3:30 pm-4:00 pm	
52839	M	4:00 pm-4:30 pm	
52840	M	4:30 pm-5:00 pm	
52841	M	5:00 pm-5:30 pm	
52842	M	5:30 pm-6:00 pm	
52843	M	6:00 pm-6:30 pm	
52844	M	6:30 pm-7:00 pm	
52845	M	7:00 pm-7:30 pm	4 sess/\$72
52846	Tu	3:00 pm-3:30 pm	9/9-9/30
52847	Tu	3:30 pm-4:00 pm	
52848	Tu	4:00 pm-4:30 pm	
52849	Tu	4:30 pm-5:00 pm	
52850	Tu	5:00 pm-5:30 pm	
52851	Tu	5:30 pm-6:00 pm	
52852	Tu	6:00 pm-6:30 pm	4 sess/\$72
52853	M	3:00 pm-3:30 pm	10/6-10/27
52854	M	3:30 pm-4:00 pm	
52855	M	4:00 pm-4:30 pm	
52856	M	4:30 pm-5:00 pm	
52857	M	5:00 pm-5:30 pm	4 sess/\$72

## KENDO-JAPANESE SWORDSMANSHIP (Ages 7-14)

You will develop confidence and learn the culture and etiquette of Japan. Learn basic footwork and Japanese Samurai swordsmanship. Wooden sword is available from instructor for \$25. Class fee does not include equipment costs for continuing and advanced students. Youth and adult classes are combined.

52619	W	7:00 pm-9:00 pm	9/3-12/17
Kent Commons	C. Marsten		15 sess/\$95
No class			11/26

52615	M	7:00 pm-7:50 pm	9/8-12/8
Kent Commons	C. Marsten		12 sess/\$76
No class			9/15, 11/10

52617	M	8:00 pm-8:50 pm	9/8-12/8
Kent Commons	C. Marsten		12 sess/\$76
No class			9/15, 11/10

## Creative Arts

### ART A LA CARTE (Ages 7-13)

This menu of art projects will give choices to the budding artist who is hungry to express their creativity. Participate in one or all of the following workshops. New projects will be introduced in every class. All supplies included. Bring a sack lunch and stay for both sessions.

#### Watercolor

52414	Sa	10:00 am-11:30 am	12/6
52415	Sa	12:30 pm-2:00 pm	12/6

#### Oil Pastel

52416	Sa	10:00 am-11:30 am	12/13
52417	Sa	12:30 pm-2:00 pm	12/13

#### Cartooning

52418	Sa	10:00 am-11:30 am	12/20
52419	Sa	12:30 pm-2:00 pm	12/20
Kent Commons	C. McNiel		1 sess/\$15

## ART LESSONS (Ages 7+)

One-on-one art tutoring designed for the beginning to intermediate student. Artist Cathe McNiel is available for lessons in drawing, watercolor, oil pastel, and cartooning. Class is catered to your specific needs and interests please specify when registering what your art interests are.

52423	Sa	12:00 pm-12:30 pm	9/6-9/27
52424	Sa	12:30 pm-1:00 pm	9/6-9/27
52425	Sa	1:00 pm-1:30 pm	9/6-9/27
52426	Sa	1:30 pm-2:00 pm	9/6-9/27
52427	Sa	2:00 pm-2:30 pm	9/6-9/27
52428	Sa	2:30 pm-3:00 pm	9/6-9/27
52429	Sa	3:00 pm-3:30 pm	9/6-9/27
52430	Sa	12:00 pm-12:30 pm	10/4-10/25
52431	Sa	12:30 pm-1:00 pm	10/4-10/25
52432	Sa	1:00 pm-1:30 pm	10/4-10/25
52433	Sa	1:30 pm-2:00 pm	10/4-10/25
52434	Sa	2:00 pm-2:30 pm	10/4-10/25
52435	Sa	2:30 pm-3:00 pm	10/4-10/25
52436	Sa	3:00 pm-3:30 pm	10/4-10/25
52437	Sa	12:00 pm-12:30 pm	11/1-11/22
52438	Sa	12:30 pm-1:00 pm	11/1-11/22
52439	Sa	1:00 pm-1:30 pm	11/1-11/22
52440	Sa	1:30 pm-2:00 pm	11/1-11/22
52441	Sa	2:00 pm-2:30 pm	11/1-11/22
52442	Sa	2:30 pm-3:00 pm	11/1-11/22
52443	Sa	3:00 pm-3:30 pm	11/1-11/22
Kent Commons	C. McNiel		4 sess/\$66

## DRAWING (Ages 7-12)

Based on popular drawing methods, students gain confidence in drawing with pencils, markers, and color pencils. All levels work at their own level and growing ability. On going with new projects through the year.

52446	Sa	10:00 am-11:30 am	9/6-9/27
52447	Sa	10:00 am-11:30 am	10/4-10/25
52448	Sa	10:00 am-11:30 am	11/1-11/22
Kent Commons	C. McNiel		4 sess/\$66

52876	Tu	3:00 pm-3:30 pm	11/4-11/25
52877	Tu	3:30 pm-4:00 pm	
52878	Tu	4:00 pm-4:30 pm	
52879	Tu	4:30 pm-5:00 pm	
52880	Tu	5:00 pm-5:30 pm	
52881	Tu	5:30 pm-6:00 pm	
52882	Tu	6:00 pm-6:30 pm	3 sess/\$54
No Class			11/11
52883	M	3:00 pm-3:30 pm	12/1-12/15
52884	M	3:30 pm-4:00 pm	
52885	M	4:00 pm-4:30 pm	
52886	M	4:30 pm-5:00 pm	
52887	M	5:00 pm-5:30 pm	
52888	M	5:30 pm-6:00 pm	
52889	M	6:00 pm-6:30 pm	
52890	M	6:30 pm-7:00 pm	
52891	M	7:00 pm-7:30 pm	3 sess/\$54
52892	Tu	3:00 pm-3:30 pm	12/2-12/16
52893	Tu	3:30 pm-4:00 pm	
52894	Tu	4:00 pm-4:30 pm	
52895	Tu	4:30 pm-5:00 pm	
52896	Tu	5:00 pm-5:30 pm	
52897	Tu	5:30 pm-6:00 pm	
52898	Tu	6:00 pm-6:30 pm	
Kent Commons	L. Andersen		3 sess/\$54

# YOUTH PROGRAMS

## PIANO OR VOICE LESSONS CHILDREN & ADULTS

One-on-one lessons, where student will progress at own pace. **Piano for ages 5 & up:** beginners may purchase \$5 book from instructor. **Voice for ages 10 & up:** sign songs that have stood the test of time.

52641	W	3:00 pm-3:30 pm	9/10-9/24	52686	Th	3:00 pm-3:30 pm	10/2-10/30	52734	F	3:00 pm-3:30 pm	11/7-11/21
52642	W	3:30 pm-4:00 pm		52687	Th	3:30 pm-4:00 pm		52735	F	3:30 pm-4:00 pm	
52643	W	4:00 pm-4:30 pm		52688	Th	4:00 pm-4:30 pm		52736	F	4:00 pm-4:30 pm	
52644	W	4:30 pm-5:00 pm		52689	Th	4:30 pm-5:00 pm		52737	F	4:30 pm-5:00 pm	
52645	W	5:30 pm-6:00 pm		52690	Th	5:30 pm-6:00 pm		52738	F	5:00 pm-5:30 pm	
52646	W	6:00 pm-6:30 pm		52691	Th	6:00 pm-6:30 pm		52739	F	5:30 pm-6:00 pm	
52647	W	6:30 pm-7:00 pm		52692	Th	6:30 pm-7:00 pm		52740	F	6:00 pm-6:30 pm	
52648	W	7:00 pm-7:30 pm		52693	Th	7:00 pm-7:30 pm		52741	F	6:30 pm-7:00 pm	
52649	W	7:30 pm-8:00 pm		52694	Th	7:30 pm-8:00 pm		52742	F	7:00 pm-7:30 pm	
52650	W	8:00 pm-8:30 pm		52695	Th	8:00 pm-8:30 pm		52743	F	7:30 pm-8:00 pm	
52651	W	8:30 pm-9:00 pm	3 sess/\$57	52696	Th	8:30 pm-9:00 pm	5 sess/\$95	52744	F	8:00 pm-8:30 pm	
								52745	F	8:30 pm-9:00 pm	3 sess/\$57
52652	Th	3:00 pm-3:30 pm	9/11-9/25	52697	F	3:00 pm-3:30 pm	10/3-10/31	No Class 11/28			
52653	Th	3:30 pm-4:00 pm		52698	F	3:30 pm-4:00 pm		52746	W	3:00 pm-3:30 pm	12/3-12/17
52654	Th	4:00 pm-4:30 pm		52699	F	4:00 pm-4:30 pm		52747	W	3:30 pm-4:00 pm	
52655	Th	4:30 pm-5:00 pm		52700	F	4:30 pm-5:00 pm		52748	W	4:00 pm-4:30 pm	
52656	Th	5:30 pm-6:00 pm		52701	F	5:00 pm-5:30 pm		52749	W	4:30 pm-5:00 pm	
52657	Th	6:00 pm-6:30 pm		52702	F	5:30 pm-6:00 pm		52750	W	5:30 pm-6:00 pm	
52658	Th	6:30 pm-7:00 pm		52703	F	6:00 pm-6:30 pm		52751	W	6:00 pm-6:30 pm	
52659	Th	7:00 pm-7:30 pm		52704	F	6:30 pm-7:00 pm		52752	W	6:30 pm-7:00 pm	
52660	Th	7:30 pm-8:00 pm		52705	F	7:00 pm-7:30 pm		52753	W	7:00 pm-7:30 pm	
52661	Th	8:00 pm-8:30 pm		52706	F	7:30 pm-8:00 pm		52754	W	7:30 pm-8:00 pm	
52662	Th	8:30 pm-9:00 pm	3 sess/\$57	52707	F	8:00 pm-8:30 pm	5 sess/\$95	52755	W	8:00 pm-8:30 pm	
				52708	F	8:30 pm-9:00 pm		52756	W	8:30 pm-9:00 pm	3 sess/\$57
52663	F	3:00 pm-3:30 pm	9/12-9/26	52709	W	3:00 pm-3:30 pm	11/5-11/26				
52664	F	3:30 pm-4:00 pm		52710	W	3:30 pm-4:00 pm		52758	Th	3:00 pm-3:30 pm	
52665	F	4:00 pm-4:30 pm		52711	W	4:00 pm-4:30 pm		52757	Th	3:30 pm-4:00 pm	12/4-12/18
52666	F	4:30 pm-5:00 pm		52712	W	4:30 pm-5:00 pm		52759	Th	4:00 pm-4:30 pm	
52667	F	5:00 pm-5:30 pm		52713	W	5:30 pm-6:00 pm		52760	Th	4:30 pm-5:00 pm	
52668	F	5:30 pm-6:00 pm		52714	W	6:00 pm-6:30 pm		52761	Th	5:30 pm-6:00 pm	
52669	F	6:00 pm-6:30 pm		52715	W	6:30 pm-7:00 pm		52762	Th	6:00 pm-6:30 pm	
52670	F	6:30 pm-7:00 pm		52716	W	7:00 pm-7:30 pm		52763	Th	6:30 pm-7:00 pm	
52671	F	7:00 pm-7:30 pm		52717	W	7:30 pm-8:00 pm		52813	Th	7:00 pm-7:30 pm	3 sess/\$57
52672	F	7:30 pm-8:00 pm		52718	W	8:00 pm-8:30 pm		52764	Th	7:30 pm-8:00 pm	
52673	F	8:00 pm-8:30 pm		52719	W	8:30 pm-9:00 pm	4 sess/\$76	52765	Th	8:00 pm-8:30 pm	
52674	F	8:30 pm-9:00 pm	3 sess/\$57	52720	W			52766	Th	8:30 pm-9:00 pm	
52675	W	3:00 pm-3:30 pm	10/1-10/29	52721	Th	3:00 pm-3:30 pm	11/6-11/20				
52676	W	3:30 pm-4:00 pm		52722	Th	3:30 pm-4:00 pm		52768	F	3:00 pm-3:30 pm	12/5-12/19
52677	W	4:00 pm-4:30 pm		52723	Th	4:00 pm-4:30 pm		52769	F	3:30 pm-4:00 pm	
52678	W	4:30 pm-5:00 pm		52724	Th	4:30 pm-5:00 pm		52770	F	4:00 pm-4:30 pm	
52679	W	5:30 pm-6:00 pm		52725	Th	5:30 pm-6:00 pm		52771	F	4:30 pm-5:00 pm	
52680	W	6:00 pm-6:30 pm		52726	Th	6:00 pm-6:30 pm		52772	F	5:30 pm-6:00 pm	
52681	W	6:30 pm-7:00 pm		52727	Th	6:30 pm-7:00 pm		52773	F	6:00 pm-6:30 pm	
52682	W	7:00 pm-7:30 pm		52728	Th	7:00 pm-7:30 pm		52774	F	6:30 pm-7:00 pm	
52683	W	7:30 pm-8:00 pm		52729	Th	7:30 pm-8:00 pm		52775	F	7:00 pm-7:30 pm	
52684	W	8:00 pm-8:30 pm		52730	Th	8:00 pm-8:30 pm	3 sess/\$57	52776	F	7:30 pm-8:00 pm	
52685	W	8:30 pm-9:00 pm	5 sess/\$95	52731	Th	8:30 pm-9:00 pm		52777	F	8:00 pm-8:30 pm	
				No Class 11/27				52778	F	8:30 pm-9:00 pm	
								Kent Commons		C. D'Ambrosio	3 sess/\$57



## 2014 **Futbol/ Football** CHALLENGE **FREE!**

**Tuesday, Sept. 16**

**Wilson Playfields - Upper Field**

**Registration 5:00-5:45 p.m. • Competition begins at 6:00 p.m.**

### **SOCCER SKILLS COMPETITION**

Free competition for kids 14 years old and under. Participants compete in three skill categories; dribbling, goal shots and kick accuracy. Each participant receives one throw-in & kick for distance and accuracy, one dribbling for time and two goals shots. Only tennis shoes are allowed. Winners of each age/gender category advance to regional/state competition.

### **NFL PUNT, PASS & KICK**

This free competition is open to boys and girls 6–15 years of age. Each contestant will compete in three categories: Punting, passing and kicking (using a kicking tee). Pre-registration is not required.



## Plan the year for Youth Sports!

**Registration forms for upcoming sports programs will be available at local Kent schools and the Kent Commons.**

Recreational programs for youth in the City of Kent or Kent School District in unincorporated King County

<b>Sport</b>	<b>Reg. Opens</b>	<b>Reg. Deadline</b>	<b>Jamboree</b>	<b>Season End</b>
<b>Youth Basketball</b>				
Coed 1/2 Grade	Early Oct.	2nd Mo in Dec	None-Program starts Mid Jan.	Early March
Boy's/Girl's 3/6 Grade	Early Sept.	1st Mo in Nov.	Fr/Sa after New Year	Early March
Boy's 7/8 Grade	Early Oct.	Last Mo in Nov.	3rd Th in January	Mid-March
Boy's 9-12 Grade	Early Oct.	Last Mo. in Nov.	3rd Th in January	Mid-March
<b>Baseball/Softball</b>				
T-Ball (pre K/K)	Early Dec.	Last Mo in February	3rd Sa in April	Mid-June
Toss Ball (1/2 Grade)	Early Dec.	Last Mo in February	3rd Sa in April	Mid-June
Boy's Baseball 3/6 Grade	Early Jan.	1st Mo in March	1st Sa in May	Late June
Boy's Baseball 7/12 Grade	Early Jan.	1st Mo in April	3rd Th in May	Mid-July
Girl's Softball 3/12 Grade	Early Jan.	3rd Mo in March	3rd Sa in May	Late June
<b>Youth Soccer</b>				
Co-ed Pre-K (3/4 Yrs. old)	Late May	1st Mo in August	2nd Sa after Labor Day	Mid-Nov.
Co-ed (K/1)	Late May	1st Mo in August	2nd Sa after Labor Day	Mid-Nov.
Boy's/Girl's 2/6 Grade	Late May	1st Mo in August	1st Sa after Labor Day	Early Nov.
<b>Boy's Flag Football 4/7 Grade</b>	Early June	4th Mo in August	1st Tu in October	Mid-Nov.
<b>Jr. Hoopsters 1/2 Grade</b>	Early June	4th Mo in August	None—Program is Mondays in Oct.	
<b>Girl's Volleyball</b>				
Girl's Spring Volleyball 6/12 Grade	Late Nov.	1st Mo in February	1st Thurs in April	Mid-May
Girl's Fall Volleyball 7/12 Grade	Early June	2nd Mo in September	3rd Thurs in Oct.	Late Nov.



# YOUTH SPORTS

## TENNIS LESSONS - YOUTH & ADULT

Tennis lessons for youth (ages 6 and up) and adults seeking beginning or intermediate instruction. Lessons are at Kent Meridian High School. Taught by USPTA-certified tennis professional Steve Walters. Locations subject to change.

### Beginner Ages 11-14

51758 Tu, Th 6:00 pm-7:00 pm 9/2-9/25  
51759 Tu, Th 6:00 pm-7:00 pm 10/2-10/28

### Beginner/Intermediate Ages 15-Adult

51764 Tu, Th 7:00 pm-8:00 pm 9/2-9/5  
Kent-Meridian High School S. Walters 8 sess/\$65

## YOUTH FLAG FOOTBALL (Grades 3-6)

Recreational program for youth (attending grades 3/4 and 5/6 during the 2014-2015 school year) in the City of Kent or Kent School District in unincorporated King County. Season runs October through mid-November. **Deadline to register is August 18.**

### Grades 3/4

51767 Tu,W,Th Wilson Playfields \$50

### Grades 5/6

51768 Tu,W,Th Wilson Playfields \$50

Register online at [webreg.KentWA.gov](http://webreg.KentWA.gov)

## YOUTH SOCCER (Grades 2-6)

Soccer leagues for youth in the City of Kent or the Kent School District in unincorporated King County. Teams are limited to 15 players and games are 11 vs 11. Practices are weeknights and begin in early September. Games are predominantly on weekends at local fields. Jamboree is September 6 and the season ends in early November.

### Deadline to register is August 4.

Late registrants will be placed on teams as space allows.

Call for registration information.

## COED YOUTH SOCCER (Pre-K & K-1)

Soccer leagues for youth in the City of Kent or the Kent School District in unincorporated King County. Practices are weeknights and begin in late August. Games are played mostly on weekends at Kent area fields. Jamboree is September 13 and season ends in mid November. **Deadline to register is August 4.**

**Pre-K League:** Teams are limited to 10 players and games are 5 vs 5. Participants must have turned 3 years of age by August 31, 2014.

**Kindergarten/1st Grade League:** Teams are limited to 12 players and games are 8 vs 8. Participants must currently be enrolled in Kindergarten or 1st grade. Must turn five years of age by August 31, 2014.

Late registrants will be placed on teams as space allows.

Call for registration information.

## GIRLS FALL JR. VOLLEYBALL (Grades 7/8, 9-12)

Recreational play for girls in Grades 7-12. Teams are limited to 10 players. Practices and games are week nights. September-November. **Deadline to register is September 8.**

51093 Grades 7/8 \$50  
51094 Grades 9/12 \$50

## JUNIOR HOOPSTERS BASKETBALL PROGRAM (K/1/2)

Instructional basketball program for boys and girls grades K-2. Have fun and learn the fundamentals of basketball. **Deadline to register is August 18.** Program is limited to 40 participants per session. Program runs for five weeks, Sept. 29 - Oct. 27. **Volunteer coaches are needed: For information call (253) 856-5000.**

51765 M K 5:30 pm-6:30 pm 9/29-10/27  
51766 M 1/2 6:30 pm-7:30 pm 9/29-10/27  
Kent Commons \$45

## COED BASKETBALL (1/2)

A recreational basketball league for boys and girls (coed) in the City of Kent or the Kent School District in unincorporated King County attending 1st/2nd grade during the 2014-2015 school year. Boys and girls will be placed on a team in their own grade level. The program is eight weeks long starting mid-January. Practices are on the first two Saturdays with games on the remaining six Saturdays. 1st and 2nd grade leagues may be combined. **Deadline to register is December 8.**

52292 Grade 1 \$50  
52293 Grades 2 \$50

## GIRL'S BASKETBALL (3/4/5/6)

A recreational basketball league for all girls in the City of Kent or the Kent School District in unincorporated King County attending 3/4/5/6 grade during the 2014-2015 school year. Practices start in December. Games are played January-March at local area gyms. Girls will be placed on a team in their grade level. **Deadline to register is November 3.**

52278 Grades 3 \$55  
52279 Grades 4 \$55  
52280 Grades 5 \$55  
52281 Grades 6 \$55

## Youth Sports Officials Wanted

Kent Parks, Recreation & Community Services is looking for new and experienced youth sports officials. Must be 14 years of age or older. If you are interested in officiating soccer, flag football, basketball, volleyball or umpiring baseball or fast pitch, please call (253) 856-5000.

## YOUTH SPORTS SPONSORSHIP

A \$150 Youth Team Sponsorship benefits the youth in our community. A sponsorship allows fees to remain affordable, insures that all participants will have safe, high quality equipment, shows community involvement AND advertises your business. (253) 856-5000 or visit [KentWA.gov/sportsleagues](http://KentWA.gov/sportsleagues) for more information.

## BOY'S BASKETBALL (3/4/5/6)

A recreational basketball league for all boys in the City of Kent or the Kent School District in unincorporated King County attending 3/4/5/6 grade during the 2014-2015 school year. Practices start in December. Games are played January-March at local area gyms. Boys will be placed on a team in their own grade level. **Deadline to register is November 3.**

52295 Grade 3 \$55  
52296 Grade 4 \$55  
52297 Grade 5 \$55  
52298 Grade 6 \$55

## BOY'S MIDDLE SCHOOL/HIGH SCHOOL BASKETBALL (7/8) (9-12)

This program is for those boys who did not make the 2014-2015 School Team, this includes Home Team, Fifth Quarter and Travel Squad. Registrants must reside within the City of Kent, or Kent School District in unincorporated King County. All games will be played on weekday evenings and Sundays. Season begins the week of January 26. You must be pre-registered. **Deadline to register is November 24.**

52299 Grades 7-8 \$70  
52300 Grades 9-12 \$70

## GIRLS BASKETBALL CAMP KENTRIDGE

Learn and improve your basketball skills at basketball camp held at Kentridge High School. Camp T-shirt included. **Registration deadline is one week before each camp.**

52283 M 9:00 am-12:00 pm 12/13  
Kentridge High B. Sandall 1 sess/\$25  
School

## BASKETBALL SKILLS COMPETITION

Participants compete in the Hoop Shoot, Freethrow and Hot Spot Contest. Contestants are divided into four age divisions, 8 & under through 14 years old, and by gender. Competition is on Monday, December 22 at 9:30 am. Warm-up and registration begins one half hour before competition. Event is free of charge. Sign-up at the door.

52284 M 9:00 am-12:00 pm 12/22  
Kent Commons FREE

# YOUTH/TEEN PROGRAMS



## Worldwide Day of Play

**Friday, September 19**

Turn off the TV/Video Games and join us for an evening of games, face painting, music, arts and crafts projects and a healthy snack!

**Fun for the entire family.**

**5:00 p.m.-7:30 p.m.**

**Totem Middle School  
26630 40th Ave. S.**

**For more info call (253) 856-5030  
or visit KentTeens.com**

## 21ST CENTURY PARTNERSHIP

Kent Parks is proud to partner and provide recreation activities with the 21st Century Community Learning Center after school programs at East Hill, Neely O'Brien, Martin Sortun, Millennium and Star Lake Elementary Schools during 2014-2015 school year.



## JUNIOR AFTER SCHOOL ALL STARS

Jr. All-Stars is an elementary school program for students grades 2-6th, to promote an active lifestyle by encouraging healthy cooking/eating choices as well as more play time and less "screen time". Jr. All-Stars is a FREE program, but space is limited and registration is required prior to attending. Pick up a Jr. All-Stars registration form and get your child signed up today. There is no program on conference days or during school holidays. Please call 253-856-5030 for more information.

### Springbrook

52958	Tu, Th	3:23 pm-5:00 pm	9/16-5/28
		D. Hobbs	FREE

### Emerald Park

52959	W	3:18 pm-5:00 pm	9/17-5/27
		D. Hobbs	FREE

## AFTER SCHOOL ENERGY

Looking for a fun-filled afternoon for your K-6th grader? We offer a variety of HIGH ENERGY activities at 8 local elementary schools that will get your child up and active and having a ton of fun while doing it - for FREE! Just complete our ASE registration form and return it to Kent Commons so your child can attend. Space is limited and REGISTRATION IS LIMITED TO ONE SCHOOL PER CHILD. There is no program on conference days, or during school holidays. Please call 253-856-5030 for more information.

### Park Orchard Elementary

52947	Tu	2:58 pm-5:00 pm	9/16-5/26
		M. McCaughan	FREE

### Meadow Ridge Elementary

52948	Tu	2:38 pm-5:00 pm	9/16-5/26
		M. McCaughan	FREE

### Panther Lake Elementary

52949	W	2:58 pm-5:00 pm	9/17-5/27
		M. McCaughan	FREE

### Scenic Hill Elementary

52950	W	2:38 pm-5:00 pm	9/17-5/27
		M. McCaughan	FREE

### Horizon Elementary

52951	Th	3:23 pm-5:00 pm	9/18-5/28
		M. McCaughan	FREE

### Kent Elementary

52952	Th	3:08 pm-5:00 pm	9/18-5/28
		M. McCaughan	FREE

### Pine Tree Elementary

52953	F	3:38 pm-5:00 pm	9/19-5/29
		M. McCaughan	FREE

### East Hill Elementary

52954	F	3:38 pm-5:00 pm	9/19-5/29
		M. McCaughan	FREE

## HOLIDAY CAMP

We'll keep your K-6th grader entertained during the Kent School District Winter Break with tons of interactive group games, creative arts and craft projects, and a field trip. Kids must bring a morning snack and sack lunch; afternoon snack will be provided by Kent Parks. To register your child, please call 253-856-5030.

### Week 1

52955	M-W, F	7:00 am-6:00 pm	12/22-12/26*
Kent Commons		M. McCaughan	4 sess/\$124

### Week 2

52956	M-W, F	7:00 am-6:00 pm	12/29-1/2*
Kent Commons		M. McCaughan	4 sess/\$124

\*Camp will close at 4pm on 12/24 & 12/31  
No Camp 12/25 & 1/1/15

## PRESIDENT'S CAMP

Sign your K-6th grader up for a week packed full of crafts, songs, group games, entertainment and a field trip during Kent School District's President's Week Break. Kids must bring a morning snack and sack lunch; afternoon snack will be provided by Kent Parks. Register your child today online, or call 253-856-5030 for more information.

52957	Tu-F	7:00 am-6:00 pm	2/17-2/20*
Kent Commons		M. McCaughan	4 sess/\$128

\*No camp 2/16

# YOUTH/TEEN PROGRAMS



After School All-Stars is a middle school recreation program for students at three community sites. Each location has its own activities and special events that keep teens engaged, active and healthy. **The program is free but pre-registration is required.**

Contact Kent Parks Youth & Teen Division at (253)856-5030 for more information today.

## MERIDIAN AFTER SCHOOL ALL STARS

52960 M, W 3:00 pm-5:00 pm  
B. Steward 9/15-5/27  
FREE

## MILL CREEK AFTER SCHOOL ALL STARS

52961 Tu, Th 3:00 pm-5:00 pm  
B. Steward 9/16-5/28  
FREE

## MEEKER AFTER SCHOOL ALL STARS

52962 Tu, Th 3:00 pm-5:00 pm  
D. Hobbs 9/16-5/28  
FREE



## Meridian Middle School

**FREE Late Night**

Calling all 7th grade  
to 19 year olds!

**Starts Sept. 9, 2014**

Open every Tuesday from 5:30-9:00 pm

Open gym and more!

23480 120th Ave. S.E.

Bring all your friends and your I.D.

## **FREE Kent Parks Community Center** 11000 SE 264th

Whether you're looking to get involved, get in shape or just hang out, we offer something for everyone:

- Full Court Basketball
- Breakdancing
- Volunteer/ Mentor Opportunity
- Video Game Room
- Music Studio and more

Ages 7th grade through 19 years of age. I.D. is required.  
School ASB card or Drivers License. No hats allowed.

**Program Opens Mon., Sept. 8**

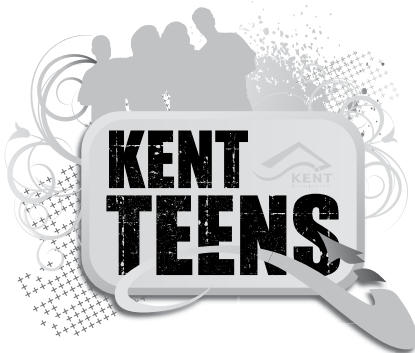
**Monday–Thursday, 4:30–9:00 p.m.**

**Friday, 4:30–9:45 p.m.**

**Saturday, 5:30–9:45 p.m.**

**Be sure to check us out at [kentteens.com](http://kentteens.com)**

for pictures, program updates and upcoming special events



## Totem Middle School

**FREE Late Night**

Calling all 6th grade  
through 9th graders!

**Starts Sept. 12, 2014**

There's something for everyone.

Indoor Soccer • Music • Board Games

• Basketball • Special Events • Art

**Fridays from 5:00-9:30 p.m.**

**26630 40th Ave. S.**

**Bring all your friends and your I.D.**

For more info call **253.856.5030**

visit [KentTeens.com](http://KentTeens.com)

or [Facebook.com/KentTeens](http://Facebook.com/KentTeens)



# ADAPTIVE RECREATION

## MARY LOU BECKER MEMORIAL FUND

A memorial fund has been established in memory of our dear friend and co-worker, Mary Lou Becker. This fund is used to assist people in need to participate in recreation programs. If you would like to donate, call (253) 856-5030 or send contributions to:

**Adaptive Recreation • Mary Lou Becker Memorial Fund, 525 4th Ave. N., Kent, WA 98032.**

**FALL REGISTRATION  
for Adaptive Recreation begins  
August 13 at 8:00 a.m.**

### ADAPTIVE RECREATION

**525 4th Ave. N.  
Kent, WA 98032**

The Adaptive Recreation Division offers a full range of programs and services for citizens with and without disabilities in our community. Please call (253) 856-5030 for information or details about specific programs.

### STATEMENT OF INCLUSION

"Everyone in the City of Kent community shall have the opportunity to equally participate in, benefit from, and enjoy the parks and recreation programs and facilities. Our mission is dedicated to enriching the lives of all persons participating in Kent Parks, Recreation and Community Services."

### PLEASE NOTE:

Program staff provide leadership during activities, however if 1:1 support is necessary to provide for personal needs beyond general program instruction, a support person is welcome to attend at no additional cost. Please call Adaptive Recreation at (253) 856-5030 for more information.

### METRO ACCESS USERS!

Please remember your rides should be scheduled no more than 30 minutes before and no more than 30 minutes after a program. Failure to comply may result in additional charges to your account.

## STUDIO 315

Studio 315 is a social club with activities including dances, talent shows, theme nights and holiday parties.

52964 F 7:00 pm-9:00 pm 9/19-12/12\*  
Kent Commons L. Wagie 12 sess/\$72  
\*No class 11/28

### September

- 19 Welcome Back Party**  
Kick off your fall with a friendly dance party.
- 26 Pizza and Dancing**  
Bring \$4.00 for pizza and pop. We will dance after we eat.

### October

- 3 Kickin' it Country**  
Get your boot-scootin' boogie on to your favorite country hits.
- 10 Box Dinner Bingo**  
Please pack a sack dinner and play bingo for prizes. Please bring food that does NOT require heating.
- 17 PajamaRama**  
Wear your warmest pajamas and snack on a breakfast snack.
- 24 Seahawks Party**  
Put on your Seahawks jersey, shirt or hat and celebrate the best team around.
- 31 Halloween Party**  
Dress in your scariest costume and enjoy some sweet treats.

### November

- 7 Wacky Hair Night**  
Prizes for the wackiest hair will be given.
- 14 Neon Madness**  
Get your glow sticks at the door and glow on the dance floor.
- 21 Fall Ball**  
Dress your best and dance with your friends.
- 28 No club Happy Holiday!**

### December

- 5 Evergreen Women's Choral**  
Enjoy a concert by the Evergreen Women's Choral.
- 12 Holiday Party**  
Let's celebrate with a sit down dinner hosted by Quota International of Kent Valley. **This night will be held at the Kent Senior Activity Center (600 East Smith Street, Kent WA 98030). Please remember to change your Access Rides.**

## TEEN 315

Club Teen 315 is a social group for ages 13-21. Activities include various themed nights. During the school year this program meets the third Thursday of each month.

52965 Th 6:00 pm-7:30 pm 9/18-12/18  
Kent Commons W. Mondier 4 sess/\$28

- 9/18 Box Dinner Bingo and Games**  
Please pack a sack dinner and play bingo for prizes.
- 10/16 Halloween Party**  
Come dressed as your favorite ghoulish creature and enjoy some sweet treats. We will play themed games for prizes.
- 11/20 Face Painting, Manicures and Temporary Tattoo Night**  
We will have a snack and play games if time allows.
- 12/18 Holiday Party**  
Join your friends for dinner and fun. Kent Parks will provide the meal.

# ADAPTIVE RECREATION

## Community Exploration

### WASHINGTON STATE FAIR

Let's do the Washington State Fair. Enjoy an assortment of food, games and rides. Bring \$12.50 for admission into the fair. You may bring money to buy lunch and treats (\$20 is suggested) or pack a sack lunch. Extra money for rides and souvenirs is optional (\$20-\$40 is suggested).

52966 W 11:00 am-4:00 pm 9/17  
Kent Commons L. Hosford 1 sess/\$25

### LUNCH AT OLD SPAGHETTI FACTORY

Enjoy eating out with your friends at the Old Spaghetti Factory in Tukwila. Bring \$20 (exact change please) for lunch; this will cover a full lunch, soft drink or tea and the 17% gratuity. Please wear good walking shoes as we will walk the mall if we have time after we eat.

52967 W 10:30 am-3:30 pm 10/1  
Kent Commons L. Hosford 1 sess/\$25

### MAKE IT AND TAKE IT

Join us for a day of fall and holiday crafts at Kent Commons. Everything you make you will be able to take home at the end of the day. We will walk to Kent Station for lunch at Naked Pizza. Please bring \$12 for lunch or pack a sack lunch. **Price includes all craft supplies.**

52968 W 10:00 am-3:00 pm 10/15  
Kent Commons L. Hosford 1 sess/\$35

### PUMPKIN PATCH

We will head to a local pumpkin patch to get pumpkins and enjoy the fall festivities. Please bring \$12 for admission and to purchase a pumpkin, and \$12 for lunch or pack a sack lunch.

52969 W 10:30 am-3:30 pm 10/29  
Kent Commons L. Hosford 1 sess/\$25

### LUNCH AND A MOVIE

We will catch the latest blockbuster movie and then have lunch. Please bring \$12 for lunch or pack a sack lunch. **Price of the trip includes your movie admission.**

52970 W 10:30 am-3:30 pm 11/12  
Kent Commons L. Hosford 1 sess/\$35

### HOLIDAY SHOPPING AND LUNCH

Bring your holiday shopping list and money, and staff will help you shop. Please bring \$12 for lunch or pack a sack lunch.

52971 W 10:30 am-3:30 pm 12/3  
Kent Commons L. Hosford 1 sess/\$25

**Space is extremely limited for outings and there are others waiting to participate if you cannot. Currently, a minimum of three (3) business days is required to request an account credit or refund, and refunds will incur a \$5.00 processing fee.**



## Trips and Tours

### ARTS-A-GLOW LANTERN FESTIVAL IN BURien

We will start with a delicious dinner out at the Mark Restaurant in Burien and then walk to the Lantern Festival. Please bring \$20 for dinner out. Please dress for the weather and wear good walking shoes. \*No wheelchair transportation

52972 Sa 3:30 pm-9:30 pm 9/6  
Kent Commons L. Wagie 1 sess/\$30

### HARBOR HISTORY MUSEUM

Experience the history of the Gig Harbor Peninsula at the Harbor History Museum. We'll take a guided tour of the museum, eat lunch, and then enjoy walking around the town. Please bring \$12 for lunch or pack a sack lunch. We will be walking rain or shine so please dress for the weather and remember to wear a good pair of walking shoes. \*No wheelchair transportation

52973 Sa 9:00 am-5:00 pm 10/18  
Kent Commons L. Wagie 1 sess/\$40

### LUNCH AND A MOVIE

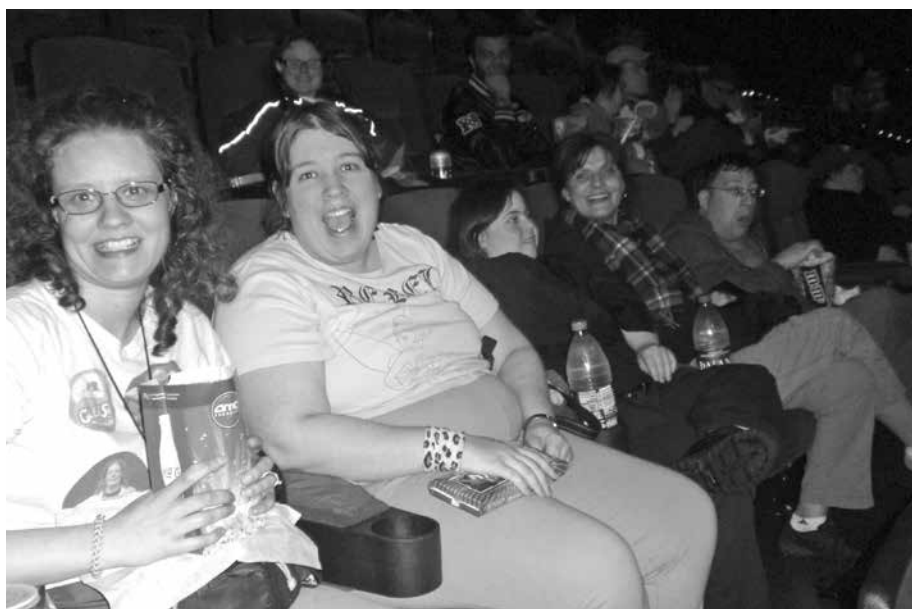
We will go see the latest blockbuster hit and then have lunch. Please bring \$10.50 for your admission into the movie; you will also need to bring \$12 for lunch or pack a sack lunch. Extra money for snacks at the movie is optional (\$15 is suggested). \*No wheelchair transportation

52974 Sa 10:30 am-3:30 pm 11/15  
Kent Commons L. Wagie 1 sess/\$25

### VICTORIAN COUNTRY CHRISTMAS FAIR

Visit yesteryear at the Washington State Fair Event Center and get into the holiday spirit. Please bring \$11 for admission and \$12-\$15 for lunch or pack a sack lunch. \*No wheelchair transportation

52975 Sa 11:00 am-4:00 pm 12/6  
Kent Commons L. Wagie 1 sess/\$25



## Health and Fitness

### FLEXI-FIT & FUN

This creative fitness program focuses on improving strength, balance, coordination and endurance.

52982	Tu	12:00 pm-1:00 pm	9/9-12/9*
52980	M	2:45 pm-3:45 pm	9/15-11/24*
52981	M	4:00 pm-5:00 pm	9/16-11/24*
*Kent Commons		L. Wagie	10 sess/\$50
*No Class 11/3			

### ZUMBA TONING

This class will target toning as well as cardio; participants will hold 1 lb maracas during class. Please wear comfortable workout clothing.

52982	Tu	12:00 pm-1:00 pm	9/9-12/9*
Kent Commons		K. Caplan	12 sess/\$60
*No Class 11/11, 11/25			

### ZUMBA

Get in shape the Zumba party way, dancing to high energy Latin music. Try it once and you will be hooked, there is no other like it. This class is designed for people with developmental and physical disabilities.

52983	Th	1:00 pm-2:00 pm	9/11-12/11*
Kent Commons		K. Caplan	12 sess/\$60
*No Class 11/13, 11/27			

### MOVIN' AND GROOVIN'

A parent-child play program designed for children with and without disabilities, involving gross motor play, action songs, singing and parachute time.

#### Ages 15-24 months

52984	F	10:30 am-11:30 am	9/12-10/24
52985	F	10:30 am-11:30 am	10/31-12/19*

#### Ages 24-48 months

52986	F	11:45 am-12:45 pm	9/12-10/24
52987	F	11:45 am-12:45 pm	10/31-12/19*
SKIP/Children's Therapy Center		C. Staff	7 sess/\$42
*No class 11/28			



## Creative Arts

### CREATIVE ART SPACE

Let's get creative! Creative Art Space is an adaptive program designed to bring out the artist in everyone. Using typical art mediums as well as unconventional "found" objects, instructors work with artists of all skill levels to create unique, one-of-a-kind masterpieces to take home and enjoy with their family and friends.

#### Tuesdays

52988	Tu	10:00 am-12:00 pm	9/9-12/9*
Kent Commons		J. McLaughlin	12 sess/\$120
*No class 11/11, 11/25			

#### Thursdays

52989	Th	10:00 am-12:00 pm	9/11-12/11*
Kent Commons		J. McLaughlin	12 sess/\$120
*No class 11/13, 11/27			



## SERVICES

### • M.S. Support Group

Monthly meetings are held at the Kent Senior Activity Center (600 E. Smith St.) the 3rd Thursday of each month, from 10:00 a.m. until 12:00 noon.

Fall schedule: 9/18, 10/16, 11/20, 12/18.  
For more information, please contact Lisa Boon at (253) 630-1722.

### • NAMI (South King County)

Offering support and education for anyone who has or is involved with someone who has a mental illness; meetings are held on the 2nd and 4th Tuesdays of each month from 6:30 p.m.-8:30 p.m. at the Alliance Center (515 W. Harrison St.). Fall schedule: 9/9, 9/23, 10/14, 10/28, 11/11, 11/25, 12/9, 12/23.

For more information call (253) 854-6264.

## Cooking

### COOKING - BASIC SKILLS

Learn the basic skills of preparing a meal. Enjoy nutritious food with friends and have fun learning to cook.

52978	Tu	5:30 pm-7:00 pm	9/16-11/18*
Kent Commons		J. Reynolds	9 sess/\$63
*No class 11/11			

### TEEN LUNCH BUNCH

This class will focus on basic, simple, quick and affordable lunch menus and meals. This interactive hands-on cooking class is intended to build independent cooking skills.

52979	M	11:00 am-12:30 pm	9/29-12/1*
Kent Commons		J. McLaughlin	9 sess/\$63
*No class 11/10			

## Technology

### ACCESS THE FUTURE COMPUTER CLASS

A computer class designed for individuals with developmental and/or physical delays. Class meets at the Kent Senior Activity Center in the computer training lab. \*Please note registration is limited to one class per quarter (Monday OR Tuesday) due to space limitations.

#### Mondays

52976	M	2:30 pm-4:00 pm	9/8-11/17*
Kent Senior Activity Center		J. McLaughlin	10 sess/\$60
*No class 11/10			

#### Tuesdays

52977	Tu	3:30 pm-5:00 pm	9/9-11/18*
Kent Senior Activity Center		J. McLaughlin	10 sess/\$60
*No class 11/11			



# ADAPTIVE RECREATION

## Sports

### DEVELOPMENTAL SWIMMING

#### Beginners Swimming

This course is designed for individuals 8 years and up who have never been in the water before, or need to build confidence in the water. Instructors will work with participants on floating independently, kicking your legs from the wall, and the very basics of swimming. This is a group instruction class, so if you need a 1:1 in the water you will need to bring a care provider with you.

52990 Sa 9:00 am-9:45 am 9/20-11/22\*  
Kent Meridian J. McLaughlin 9 sess/\$54  
Pool  
\*No Class 10/18

#### Basic to Intermediate Swimming

This course is designed for individuals with developmental/and or physical disabilities. Individuals will learn stroke development and basic to intermediate swimming skills. Participants needing 1:1 support in the water MUST bring a companion.

52991 Sa 10:00 am-10:45 am 9/20-11/22\*  
Kent Meridian J. McLaughlin 9 sess/\$54  
Pool  
\*No Class 10/18

### DOLPHINS SWIM TEAM

This course is designed for individuals 8 and up, with developmental and/or physical disabilities, to improve swimming skills and strokes; including participating in Special Olympics Spring Quarter. Must have basic swimming skills mastered.

52992 Sa 11:00 am-12:00 pm 9/20-11/22\*  
Kent Meridian J. McLaughlin 9 sess/\$54  
Pool  
\*No Class 10/18



## THANK YOU

Employees Recycling Program,  
Kent Parks Foundation,  
Quota International of Kent Valley  
and Thunderbirds Community Sports  
Foundation for your continued support  
and community partnership with  
Kent Parks' Adaptive Recreation/  
Youth & Teen Programs.

### CHEERTEAM

This class will focus on learning cheers, group dance routines and spirit. Participants will attend Special Olympics tournaments and cheer on the Kent Parks teams. Plan to attend SOWA bowling tournament on 11/2 at Secoma Lanes in Federal Way. **\*Sessions include the tournament.**

52993 Tu 7:00 pm-8:00 pm 9/16-11/18\*  
Kent Commons R. Buckley 9 sess/\$54  
\*No class 11/4, 11/11

### TENNIS

Learn basic tennis skills from a pro! This inclusive program is designed for individuals with special needs ages 12 and up; or with instructor approval.

52994 Sa 6:00 pm-7:00 pm 9/20-11/15  
Boeing Employees A. Overland 9 sess/\$54  
Tennis Club

### MEDICAL FORMS/ COMPETITION INFORMATION

To participate in Special Olympics training programs and tournaments, applicants must have a current Application of Participation (medical form) on file with Adaptive Recreation. Medical forms are good for up to three (3) years. Please call (253) 856-5030 if you have questions.

### BOWLING

Ready, set, bowl! Meet at Kent Bowl (1234 N Central Ave) for an opportunity to bowl and have fun with friends. Registration includes the weekly bowling fees. KC SOWA regional tournament on 11/2 at Secoma Lanes in Federal Way. **10 sessions include the tournament.**

#### Wednesdays

52995 W 3:00 pm-5:00 pm 9/24-11/19  
Kent Bowl L. Wagie 10 sess/\$100

#### Thursdays

52996 Th 3:00 pm-5:00 pm 9/25-11/20  
Kent Bowl L. Wagie 10 sess/\$100

### BASKETBALL

Shoot hoops and learn basic skills and good team strategy. Participate in Special Olympics Regional Basketball Tournament on Sunday, 2/8/15 in Issaquah. Great fun for everyone!

**\*Regional tournament is included in the 9 sessions.**

52997 W 6:30 pm-8:00 pm 12/10-2/11\*  
Meridian K. Bigelow 9 sess/\$54\*  
Middle School  
\*No class 12/24, 12/31



## Fall Sports Programs

DAY	PROGRAM	TIME	LOCATION
Tuesdays	Cheer Team	7:00-8:00 pm	Kent Commons
Wednesday	Bowling (Coach Lisa)	3:00-5:00 pm	Kent Bowl
	Basketball (begins 12/10)	6:30-8:00 pm	Meridian Middle School
Thursdays	Bowling (Coach Lisa)	3:00-5:00 pm	Kent Bowl
Saturdays	Beginning Swim	9:00-9:45 am	Kent Meridian Pool
	Developmental Swim	10:00 -10:45 am	Kent Meridian Pool
	Dolphin Swim Team	11:00 am-12:00 pm	Kent Meridian Pool
	Tennis	6:00-7:00 pm	Boeing Tennis Center



# RIVERBEND

GOLF COMPLEX

**6,701 Yards • Par 72**  
**18-Hole Championship**  
**Golf Course**

1,174 Yards  
Par 3 Golf Course • 9-Hole

**Covered Driving Range**

Miniature Golf Course

**Award winning Pro Shop**

Mick Kelly's Irish Pub  
and Restaurant

## 2014 Events

**June 7-8**

18th Annual 2 Man @ the 'Bend

**July 7-10**

Summer Jr. Golf Camp

**August 9-10**

21st Annual Riverbend Amateur

**A City of Kent Facility**

2019 W. Meeker St., Kent, WA

253.TEE.TIME

riverbendgolfcomplex.com

facebook.com/riverbendgolfcomplex

@cityofkent



### 18 HOLE GREEN FEES

#### Monday - Friday

April-Sept

9 Holes .....	\$22
9 Holes Sr./Military.....	\$18
9 Holes Junior.....	\$8
18 Holes .....	\$36
18 Holes Sr./Military.....	\$28
18 Holes Junior.....	\$18
Twilight.....	\$22

#### Sat, Sun & Holidays

May-Sept

9 Holes .....	\$24
9 Holes Junior.....	\$9
18 Holes .....	\$40
18 Holes Junior.....	\$18
Twilight.....	\$24

9 Holes	18 Holes	9 Holes	18 Holes	9 Holes	18 Holes
Pull Cart.....\$3.....	\$5	Power Cart..\$9.....	\$14	Rental Clubs..\$15.....	\$25

### PAR 3 COURSE

#### Monday - Friday

April-Sept

9 Holes .....	\$13
9 Holes Sr./Military.....	\$10
9 Holes Junior.....	\$7
Back 9 .....	\$9
Twilight.....	\$9
Pull Cart .....	\$3

#### Sat, Sun & Holidays

April-Sept

9 Holes .....	\$15
9 Holes Sr./Military.....	\$12
9 Holes Junior.....	\$9
Back 9 .....	\$10
Twilight.....	\$12
Pull Cart .....	\$3

#### DRIVING RANGE

Small .....	\$6
Small Senior .....	\$5.50
Small Junior .....	\$4.50
Large .....	\$10
Large Senior .....	\$9
Large Junior .....	\$8
40 Small Bucket Pass ..	\$140

### GOLF INSTRUCTION

	Adult	Junior
30 Minute Private.....	\$50.....	\$45
60 Minute Private.....	\$90.....	\$80
Series of 4, 30 Minute Private....	\$180....	\$160
Group Lessons.....	\$75-\$90	

#### Instructors:

Marti O'Neill, PGA Head Professional  
Eric Hinrichs, PGA Professional  
Josh Immordino, PGA Professional  
Jon Shabel, PGA Apprentice  
Justin Harvey, PGA Apprentice

# ADULT PROGRAMS

## Cooking

### FROM INDIA WITH SPICE

These workshops are taught by Meena Sharma, experienced caterer, cook and instructor. All supplies are included. New recipes will be introduced. Bring an apron.

#### Indian I

Sofyani Biryani (famous saffron and yogurt rice delicacy preparation from Hyderabad, South India), and Lemon Rice (rice dish with peanuts).

52927 M 7:30 pm-9:30 pm 10/13  
Kent Commons M. Sharma 1 sess/\$22

#### Indian II

Chicken Afghani (chicken in creamy velvety sauce with cashews), and Saffron Pulao (fried rice with saffron and almonds).

52928 M 7:30 pm-9:30 pm 10/20  
Kent Commons M. Sharma 1 sess/\$22

### ITALIAN COOKING

Italy is the home of good cooking and the next best thing to being there is being in the company of an renowned Italian chef. Share recipes and samples as you learn to make nutritious and healthy meals. All supplies included.

**Pasta:** Learn to make homemade pasta and fillings such as ravioli, tortellini and other basic pasta shapes.

52932 W 6:30 pm-8:30 pm 10/1

**Sauces:** White or red? The secret is in the sauce! Learn the secrets of great sauces and how they enhance various dishes.

52933 W 6:30 pm-8:30 pm 10/8

**Beef:** Learn some ways of making beef Italian style and spice up your dinner.

52934 W 6:30 pm-8:30 pm 10/15

**Bread & Pizza:** Learn to make this rustic country bread recipe. From this recipe, you will make variations from breadsticks to pizza. All recipes and samples included.

52935 W 6:30 pm-8:30 pm 10/29

**Pork:** Learn some ways of making pork Italian style and spice up your dinner.

52936 W 6:30 pm-8:30 pm 11/5

**Chicken:** Learn some ways of making chicken Italian style and spice up your dinner.

52937 W 6:30 pm-8:30 pm 11/19

**Desserts:** Learn to make biscotti, puff pastry, tiramisu and other popular, heavenly Italian desserts.

52938 W 6:30 pm-8:30 pm 12/10

**Beef:** Learn some ways of making beef Italian style and spice up your dinner.

52939 W 6:30 pm-8:30 pm 12/17  
Kent Commons N. Hamilton 1 sess/\$22

### MEDITERRANEAN COOKING

Garlic, capers, olive oil, tomatoes and olives are some of the staples of Mediterranean cooking. Learn to make a complete meal from appetizers to main dishes in this workshop using these staples along with a cadre of fresh vegetables and healthy ingredients. All recipes and samples shared.

52945 W 6:30 pm-8:30 pm 11/12  
Kent Commons N. Hamilton 1 sess/\$22

### THAI COOKING

Explore some of the basic cooking techniques and ingredients of Thai food as you experiment with various spices and food combinations in this hands-on workshop. Recipes and samples shared.

#### Thai I

Thai red curry (popular chicken dish), and Thai fried rice (pineapple and water chestnut rice).

52930 M 7:30 pm-9:30 pm 10/27  
Kent Commons M. Sharma 1 sess/\$22

#### Thai II

Satey and peanut sauce (skewered chicken), and Thai coconut soup.

52931 M 7:30 pm-9:30 pm 11/3  
Kent Commons M. Sharma 1 sess/\$22

## Creative Arts

### DRAWING

Bring a sketch book and pencils for one hour of sketching and improving drawing abilities with individual help from artist/instructor. Fun projects planned for students to sample a variety of interpretations of art.

52999 W 1:00 pm-2:00 pm 9/3-9/24  
53000 W 1:00 pm-2:00 pm 10/8-10/29  
53001 W 1:00 pm-2:00 pm 11/5-11/26  
C. McNiel 4 sess/\$30

#### Oil Pastel

Bring sketch book to class, oil pastels will be provided.

53002 W 1:00 pm-2:00 pm 12/3-12/17  
Kent Commons C. McNiel 3 sess/\$22

### PRIVATE ART LESSONS

One-on-one tutoring designed for the beginning to intermediate student. Artist Cathe McNiel is available for lessons in drawing, watercolor, oil pastel and cartooning. Students may stay longer to continue work on their own, lessons are half hour long.

53003	W	10:00 am-10:30 am	9/3-9/24
53004	W	10:30 am-11:00 am	9/3-9/24
53005	W	11:00 am-11:30 am	9/3-9/24
53006	W	11:30 am-12:00 pm	9/3-9/24
53007	W	10:00 am-10:30 am	10/8-10/29
53008	W	10:30 am-11:00 am	10/8-10/29
53009	W	11:00 am-11:30 am	10/8-10/29
53010	W	11:30 am-12:00 pm	10/8-10/29
53011	W	10:00 am-10:30 am	11/5-11/26
53012	W	10:30 am-11:00 am	11/5-11/26
53013	W	11:00 am-11:30 am	11/5-11/26
53014	W	11:30 am-12:00 pm	11/5-11/26
			4 sess/\$66
53015	W	10:00 am-10:30 am	12/3-12/17
53016	W	10:30 am-11:00 am	12/3-12/17
53017	W	11:00 am-11:30 am	12/3-12/17
53018	W	11:30 am-12:00 pm	12/3-12/17
Kent Commons	C. McNiel		3 sess/\$50

### WATERCOLOR PAINTING

Come experience the joy and beauty of watercolor painting. Learn traditional and experimental watercolor techniques and application. Class includes demonstration, individual assistance, discussion and critique. Instructor continually introduces new methods and projects. Beginners - intermediate. Supply list will be mailed.

53019 Tu 1:00 pm-3:00 pm 9/23-10/28  
53020 Tu 1:00 pm-3:00 pm 11/13-12/16  
Kent Commons J. Iwasaki 6 sess/\$60  
No Class 11/11

### WRITING FOR CHILDREN & GETTING PUBLISHED

For the novice writer, we'll explore plot, character, view point, and dialogue. Class also covers how to submit a manuscript and getting published. Lots of tips and plenty of time for questions.

53021 Tu 6:30 pm-9:00 pm 12/2  
Kent Commons A. Ruback 1 sess/\$29

## Dance

### ADULT IRISH DANCE

Dancers will learn both traditional Irish step (solo) and Ceili (group) dance. Students will work on basic movements, proper posture, form and rhythm. Wear comfortable clothing, Irish ghillies suggested.

53022 Tu 8:30 pm-9:30 pm 9/9-12/9  
Kent Commons P. Martig 12 sess/\$147  
No class 11/11, 11/25



## BEGINNING BALLET (Ages 16+)

Basic level ballet steps, beginning level barre and centre floor. A great class for stretching and toning. Ballet shoes required. Drop-ins are welcome at \$8 per class.

53023 F 6:00 pm-7:00 pm 9/5-12/5  
Kent Commons M. Murphy-Brown 12 sess/\$84  
No class 10/31, 11/28

## BEGINNING BELLY DANCING

All ages/all sizes welcome. The benefits of yoga, and non-impact aerobics at the same time. Body isolations, shimmy techniques and much more. Two beginning topic sets available. Visit [www.saqra.net](http://www.saqra.net) for more information.

53025 Tu 12:00 pm-1:20 pm 9/2-9/23  
53026 Tu 6:00 pm-7:20 pm 9/2-9/23  
53031 Th 1:30 pm-3:00 pm 9/4-9/25  
53032 Th 5:00 pm-6:20 pm 9/4-9/25  
53033 Th 7:40 pm-9:00 pm 9/4-9/25  
53024 Th 1:30 pm-3:00 pm 10/2-10/23  
53034 Th 5:00 pm-6:20 pm 10/2-10/23  
53035 Th 7:40 pm-9:00 pm 10/2-10/23  
53027 Tu 12:00 pm-1:20 pm 10/7-10/28  
53028 Tu 6:00 pm-7:20 pm 10/7-10/28  
53029 Tu 6:00 pm-7:20 pm 11/4-11/25  
53030 Tu 12:00 pm-1:20 pm 11/4-11/25  
53036 Th 1:30 pm-3:00 pm 11/6-12/4  
53037 Th 5:00 pm-6:20 pm 11/6-12/4  
53038 Th 7:40 pm-9:00 pm 11/6-12/4  
Saqra's Studio S. Raybuck 4 sess/\$45  
No class 11/27

## JAZZ DANCE (Ages 16+)

Will work for strength and flexibility. Class works on short combinations and complete jazz routines. Beginning to intermediate level welcome. Drop-ins welcome at \$8 per class.

53039 Th 7:30 pm-8:30 pm 9/4-12/4  
Kent Commons M. Murphy-Brown 13 sess/\$91  
No class 11/27

## TAP DANCE (Ages 16+)

Learn tap combos and routines in this energetic class. Drop-ins welcome at \$8 per class.

### Beginning/Continuing Tap

53040 Tu 3:00 pm-4:00 pm 9/2-12/2  
Kent Commons M. Murphy-Brown 13 sess/\$91  
No class 11/11

53041 W 7:45 pm-8:45 pm 9/3-12/3  
Kent Commons M. Murphy-Brown 13 sess/\$91  
No class 11/26

### Advanced Tap

53042 Tu 7:15 pm-8:15 pm 9/2-12/2  
Kent Commons M. Murphy-Brown 13 sess/\$91  
No class 11/11

## General

### BECOME AN EBOOK AUTHOR ON AMAZON.COM

Write an eBook and learn what it takes to become a self-published author through Kindle Direct Publishing on Amazon.com. Class will discuss traditional publishing versus 'indie' publishing, book construction, editing and proofing, formatting, book covers, ISBN numbers, making the most of Kindle Direct Publishing, and marketing through social networking. Instructor has two successful books on Amazon.com, one has spent over three weeks on the top 100 bestseller list in three different categories in the UK.

53044 Tu 6:30 pm-8:30 pm 9/30  
Kent Commons L. Bohart 1 sess/\$29

### FLOWER BOUQUET ORIGAMI

Learn how to create a small colorful origami flower bouquet. Learn the basic skills of origami while improving your hand to eye coordination. Supply fee of \$10 payable to instructor.

53181 Th 1:30 pm-3:00 pm 10/2-10/30  
Kent Commons M. Plant 5 sess/\$50

53271 We 1:30 pm-3:00 pm 11/5-12/3  
Kent Commons M. Plant 5 sess/\$50



## Health and Fitness

### YOGA MOVING WITH BODY & MIND

Find the ease of moving which will lead to deep relaxation. You will stretch, learn to coordinate your breathing and learn basic yoga moves and techniques. Please bring a mat and large towel to class.

53079 M 6:00 pm-7:00 pm 9/8-10/20  
Kent Commons C. Rosenfield 7 sess/\$56

53080 M 6:00 pm-7:00 pm 10/27-12/15  
Kent Commons C. Rosenfield 8 sess/\$64

53081 W 6:00 pm-7:00 pm 9/10-10/22  
Kent Senior Activity Center C. Rosenfield 7 sess/\$56

53082 W 6:00 pm-7:00 pm 10/29-12/17  
Kent Senior Activity Center C. Rosenfield 7 sess/\$56  
No class 11/26



# ADULT PROGRAMS

## Dog Obedience

Join us in one of our many dog obedience classes. Instructor Jennifer Schneider owns Pick of the Litter Dog Training, and is a certified Pet Dog Trainer. For more information visit [www.pickofthelitterdogtraining.com](http://www.pickofthelitterdogtraining.com). **All classes held at the Kent Memorial Park Building.**

### BASIC MANNERS

We know that you are tired of your dog pulling on the leash, running off instead of coming to you, and jumping up on everyone. We have a plan to help you. Enroll in our results based, pain free, introductory dog training class, and your dog will learn to sit and stay, walk nicely on leash, come when you call, and lie down and relax. You will be shown how to use these behaviors in real life situations, with and without treats. Your dog will learn to socialize with other dogs calmly and sit to say hello to people. You will receive customized solutions to help with the behavior problems you are having at home. The result will be a well trained dog that listens consistently, even when distracted by other things. For dogs 5 months of age and older.

53047	W	6:30 pm-7:30 pm	9/3-10/8
53048	Su	3:45 pm-4:45 pm	9/14-10/19
53077	M	5:15 pm-6:15 pm	9/29-11/3
53049	W	7:45 pm-8:45 pm	10/15-11/19
53050	Su	3:45 pm-4:45 pm	10/26-12/7
53051	M	5:15 pm-6:15 pm	11/10-12/15
53045	W	6:30 pm-7:30 pm	12/3-1/21
Kent Memorial Park J. Schneider 6 sess/\$95			
No class 11/30, 12/24, 12/31			

### PUPPY KINDERGARTEN

Puppies are like little sponges - they soak up everything around them and learn new things quickly. Take advantage of this time by getting your puppy into puppy class right away. Your puppy will learn how to play with other puppies, get to meet lots new people, explore safe agility equipment, and learn age appropriate obedience skills, such as sit, come, and walking without pulling. You will receive customized solutions to the problems you are having at home, such as nipping, potty training, jumping up, and chewing. For puppies 8 weeks to 5 months old.

53059	W	7:45 pm-8:45 pm	9/3-10/8
53060	Su	2:30 pm-3:30 pm	9/14-10/19
53061	M	6:30 pm-7:30 pm	9/29-11/3
53076	W	6:30 pm-7:30 pm	10/15-11/19
53062	Su	2:30 pm-3:30 pm	10/26-12/7
53063	M	6:30 pm-7:30 pm	11/10-12/15
53064	W	7:45 pm-8:45 pm	12/3-1/21
Kent Memorial Park J. Schneider 6 sess/\$95			
No class 11/30, 12/24, 12/31			



### FEISTY FIDO

If you have a reactive or aggressive dog, this is the class for you. This class is designed to help dogs who behave inappropriately in social settings - barking, lunging or growling at people or dogs. Learn specific, scientifically proven techniques to help your dog to behave, relax and refocus in these settings. Provides gradual and controlled on leash exposure to dogs and people, while teaching specific obedience skills that are incompatible with reactivity. No dogs first class.

53046	Th	6:30 pm-7:30 pm	9/4-10/9
53053	Th	7:45 pm-8:45 pm	9/4-10/9
53052	W	5:15 pm-6:15 pm	9/17-10/22
53054	Th	7:45 pm-8:45 pm	10/16-11/20
53055	W	5:15 pm-6:15 pm	10/29-12/10
53056	Th	7:45 pm-8:45 pm	12/4-1/22
Kent Memorial Park J. Schneider 6 sess/\$115			
No class 11/26, 12/25, 1/1			

### FEISTY FIDO LEVEL 2

Continuation of the skills learned in Feisty Fido. This class is the next step for dogs who behave inappropriately around dogs or people. Continue teaching your dog appropriate social skills. More on-leash practice with parallel walking, passing, approaching and greeting dogs or people, but from decreasing distances, including up close interactions. Includes basic manners skills - stay, come, and heel.

#### Prerequisite: Feisty Fido.

53068	Th	6:30 pm-7:30 pm	10/16-11/20
Kent Memorial Park J. Schneider 6 sess/\$115			

### PUPPY NEXT STEP

For graduates of Puppy Kindergarten. Since your puppy is now a little bit older, you can start teaching more mature behaviors, such as sit stay, come to you from a distance, walk at your side, and lie down and relax on a bed or blanket. But, just like Puppy Kindergarten, we include lots of off leash playtime with other puppies and the opportunity to meet and socialize with many new people. And, we can help with those re-emerging puppy problems, like jumping up on people, barking, play biting and excitability. For puppies 4-10 months of age.

53065	M	7:45 pm-8:45 pm	9/8-10/13
53066	Su	1:30 pm-2:30 pm	10/26-12/7
Kent Memorial Park J. Schneider 6 sess/\$95			
No class 11/30			

### INTERMEDIATE MANNERS

For graduates of Basic Manners. Take your dog's training to the next level. In this class, you will continue to practice and strengthen all the behaviors you taught in Basic Manners, but add a higher level of difficulty, distraction and distance to those behaviors. You will learn how to wean away treats effectively, without losing the behaviors you worked so hard to achieve, as well as how to use life rewards to motivate your dog to have real life manners. During the last week of class, you will have to opportunity to earn your dog's Canine Good Citizen certificate.

53078	Su	1:30 pm-2:30 pm	9/14-10/19
53058	M	7:45 pm-8:45 pm	10/20-11/24
Kent Memorial Park J. Schneider 6 sess/\$95			

# ADULT PROGRAMS

## Martial Arts

### BEGINNING AIKIDO

Aikido emphasizes redirecting the opponent's momentum and power to apply sweeps, throws, locks and holds. Aikido allows you to safely subdue your attacker without the use of extreme force.

53083 M 6:15 pm-7:15 pm 9/15-11/17  
ACMMA R. Dye 10 sess/\$80

### CARDIO-KICKBOXING

Burn fat, relieve stress, tone and strengthen muscles, all while learning basic self-defense techniques. Class involves bag work, wristwraps or bag gloves are strongly recommended.

53084 W, M 6:15 pm-7:15 pm 9/3-9/29  
53085 W, M 6:15 pm-7:15 pm 10/1-10/27  
53086 W, M 6:15 pm-7:15 pm 10/29-11/24  
53087 M, W 6:15 pm-7:15 pm 12/1-12/29  
ACMMA R. Dye 8 sess/\$70  
No class 12/24

## KENDO-JAPANESE SWORDSMANSHIP (15+)

Develop confidence and learn the culture and etiquette of Japan. Focus on basic footwork and Japanese Samurai swordsmanship. Wooden sword is available from instructor for \$25. Class fee does not include additional equipment costs for continuing and advanced students. Youth and adult classes are combined.

### Beginning

53088 M 7:00 pm-7:50 pm 9/8-12/8  
Kent Commons C. Marsten 12 sess/\$76  
No class 9/15, 11/10

### Continuing

53089 M 8:00 pm-8:50 pm 9/8-12/8  
Kent Commons C. Marsten 12 sess/\$76  
No class 9/15, 11/10

### Advanced

53090 W 7:00 pm-9:00 pm 9/3-12/17  
Kent Commons C. Marsten 15 sess/\$95  
No class 11/26

## MARTIAL ARTS OVER 40

Improve balance, coordination, stamina and strength while learning practical self-defense moves. This is a great alternative workout to the typical gym routine.

53091 Th 7:15 pm-8:15 pm 9/4-9/25  
53092 Th 7:15 pm-8:15 pm 10/2-10/23  
53093 Th 7:15 pm-8:15 pm 10/30-11/20  
ACMMA R. Dye 4 sess/\$35

## PILATES

Improve flexibility, core strength, and balance. Suitable for all ages and abilities. Classes held at American Colleges of Mixed Martial Arts.

53099 Sa 10:15 am-11:00 am 9/6-9/27  
53095 M 5:30 pm-6:15 pm 9/8-9/29  
53100 Sa 10:15 am-11:00 am 10/4-10/25  
53096 M 5:30 pm-6:15 pm 10/6-10/27  
53097 M 5:30 pm-6:15 pm 11/3-11/24  
53101 Sa 10:15 am-11:00 am 11/8-11/29  
53098 M 5:30 pm-6:15 pm 12/1-12/22  
53102 Sa 10:15 am-11:00 am 12/6-12/27  
ACMMA R. Dye 4 sess/\$35

## WOMEN'S SELF DEFENSE

Class covers basic self-defense skills for those 14 and up. Taught by a female black belt, develop awareness skills and learn how to protect yourself in dangerous situations. Supply fee of \$3 payable to instructor for manual.

53103 Sa 2:00 pm-4:00 pm 9/20  
53104 Sa 2:00 pm-4:00 pm 10/18  
Kent Commons J. Dye 1 sess/\$30

# ADULT SPORTS/FITNESS

## Sports

Kent Parks, Recreation and Community Services offers several adult sports leagues. Individuals wishing to participate in an adult league must be 18 years of age. Registration is taken by teams only. Individuals wishing to participate can call the Kent Commons office to submit their name, sport and level of play for the individual player list. To check on registration information, league standings and league schedules, please visit KentWA.gov or call (253) 856-5000.

Adult Sports Leagues are run with an emphasis on good sportsmanship, having fun and encouraging team conduct that takes a positive approach toward competition.

### ADULT RACQUETBALL CLUB

A great way to build your skill level and stay in shape with both recreational and competitive levels of play.

#### FALL LEAGUE

51722 A Division  
51723 B Division  
51724 C Division  
51725 D Division (Sep.-Nov.)  
Kent Commons 10 sess/\$30

#### WINTER LEAGUE

52301 A Division  
52302 B Division  
52303 C Division  
52304 D Division (Jan.-Mar.)  
Kent Commons 10 sess/\$30

## ADULT SOFTBALL

Adult Softball Leagues are offered throughout the year. Levels of play offered: Recreation and Competitive for Men and Women, Coed and Church Divisions. Games are played at Russell Road Sports Complex, Kent Memorial Park, Wilson Playfields and Service Club Ballfields.

**Spring/Summer Season** (April-July)

**Second Season** (August and September)

**Winter Season** (January-March)

## ADULT VOLLEYBALL

Adult volleyball is offered three (3) times throughout the year. Various levels of play offered from Tuesday Night "Open" and Wednesday Night Women's Divisions. All matches are played at the Kent Commons.

**Fall Season** (September-December)

**Winter Season** (January-March)

**Spring Season** (April and May)

## KENT COMMONS RACQUETBALL CHALLENGE COURTS



Challenge Courts are reserved for 2 to 3 hours at a time. Opponents play per USRA rules. Open to all skill levels. Call 253-856-5000 for more information.

**Fridays** 6:00 pm- 9:00 pm  
**Saturdays** 12:00 pm - 3:00pm  
Kent Commons \$3/drop in

## BODY CONDITIONING/ WEIGHT TRAINING

Individual instruction on the proper use of fixed weight equipment (Nautilus), a variety of exercises for each weight station, and how to develop a personal training program. A complimentary one-month pass to the weight room (\$12.50 value) included in \$35 class fee. One hour session by appointment only, call (253) 856-5000.

Kent Commons C. Doherty 1 sess/\$35

## ADULT BASKETBALL

Adult basketball leagues are offered three times throughout the year. Levels of play offered from recreation to very competitive. All games are played at the Kent Commons.

**Fall Season** (September-November)

**Winter Season** (December-February)

**Summer Season** (June-August)

## Athletic Facility Advertising Program

Reach out to thousands of sports enthusiasts by having your business name displayed at a City of Kent premier athletic facility.

**Call 253-856-5000 for more information**



# JAZZERCISE

Enjoy classes six days per week! All classes held at Kent Commons  
**Drop-in fee for all Jazzercise classes \$7**

## Jazzercise:

Dance combined with exercise! Easy to follow aerobic dance routines, muscle toning and stretching exercises. All levels welcome to this popular class!

## Jazzercise Express:

Offers a quick, 30-minute workout combining elements of dance, kick-boxing, and resistance training. This all standing class has an emphasis on the lower body and cardio conditioning.

## Jazzercise Strength 60:

An all strength based class that uses hand held weights, resistance tubes, and exercise balls to mix it up and challenge different muscle groups.

**Monday & Wednesday  
Friday (Strength 60)  
Friday (Express)**

4:25 - 5:25 p.m.  
9:15 - 10:15am  
5:00 - 5:30 p.m.

**Tuesday & Thursday  
Tuesday & Thursday  
Saturday**

9:15 - 10:15 a.m.  
6:45 - 7:45 p.m.  
9:00 - 10:00 a.m.

**Purchase a Jazzercise pass according to how many days  
per week you plan to attend class.**

### 1 Day Week Pass: \$24

53189	September
53190	October
53191	November
53192	December

### 2 Day Week Pass: \$45

53193	September
53194	October
53195	November
53196	December

### 3 Day Week Pass: \$49

53197	September
53198	October
53199	November
53200	December

### Unlimited Pass: \$60

53201	September
53202	October
53203	November
53204	December

# FITNESS

Join us for a complete body workout to terrific music in any of the following classes.  
Wear comfortable clothing and aerobic shoes.

**Drop-ins welcome - \$5 per class**

## Lunch Time Toning

50 minute class utilizing an exercise fitness ball to tone legs, abs, back and upper body.

53117	M	12:05 pm-12:55 pm	Kent Commons	Mounts	9/8-9/29	\$16
53118	M	12:05 pm-12:55 pm	Kent Commons	Mounts	10/6-10/27	\$16
53119	M	12:05 pm-12:55 pm	Kent Commons	Mounts	11/3-11/24	\$16
53120	M	12:05 pm-12:55 pm	Kent Commons	Mounts	12/1-12/29	\$20

## Lunchtime Bootcamp

50 minutes of boot camp style drills and cardio workout that will challenge your body and improve your speed, agility and overall performance.


53121	Tu	12:05 pm-12:55 pm	Kent Commons	Mounts	9/2-9/30	\$20
53122	Tu	12:05 pm-12:55 pm	Kent Commons	Mounts	10/7-10/28	\$16
53123	Tu	12:05 pm-12:55 pm	Kent Commons	Mounts	11/4-11/25	\$12
53124	Tu	12:05 pm-12:55 pm	Kent Commons	Mounts	12/2-12/30	\$20

## Crunch at Lunch

Focusing on the core, back, abs and balance exercises performed using balance balls and weights

53125	W	12:05 pm-12:55 pm	Kent Commons	Mounts	9/3-9/24	\$16
53126	W	12:05 pm-12:55 pm	Kent Commons	Mounts	10/1-10/29	\$20
53127	W	12:05 pm-12:55 pm	Kent Commons	Mounts	11/5-11/26	\$16
53128	W	12:05 pm-12:55 pm	Kent Commons	Mounts	12/3-12/17	\$12

# FITNESS (CONTINUED)

<b>Yoga Break</b> Basic yoga poses that will strengthen, lengthen and relax your body. Bring a yoga mat.	53133	Tu	1:05 pm-1:55 pm	Kent Commons	Mounts	9/2-9/30	\$20
	53134	Tu	1:05 pm-1:55 pm	Kent Commons	Mounts	10/7-10/28	\$16
	53135	Tu	1:05 pm-1:55 pm	Kent Commons	Mounts	11/4-11/25	\$12
	53136	Tu	1:05 pm-1:55 pm	Kent Commons	Mounts	12/2-12/30	\$20
	53135	Tu	1:05 pm-1:55 pm	Kent Commons	Mounts	11/4-11/25	\$12
	53131	Th	12:05 pm-12:55 pm	Kent Commons	Mounts	11/6-11/20	\$12
	53136	Tu	1:05 pm-1:55 pm	Kent Commons	Mounts	12/2-12/30	\$20
<b>Zumba Gold</b> A lower impact and slower paced class makes this perfect for beginners.	53132	Th	12:05 pm-12:55 pm	Kent Commons	Mounts	12/4-12/18	\$12
	53137	Th	12:00 pm-1:00 pm	Kent Commons	Caplan	9/4-9/25	\$16
	53138	Th	12:00 pm-1:00 pm	Kent Commons	Caplan	10/2-10/30	\$20
	53139	Th	12:00 pm-1:00 pm	Kent Commons	Caplan	11/6-11/20	\$12
<b>Lunch Core &amp; Body Sculpting</b> Conditioning class incorporates step and weights for a full body workout with focus on core strength.	53140	Th	12:00 pm-1:00 pm	Kent Commons	Caplan	12/11-12/18	\$8
	53141	F	12:05 pm-12:55 pm	Kent Commons	Barrick	9/5-9/26	\$16
	53142	F	12:05 pm-12:55 pm	Kent Commons	Barrick	10/3-10/31	\$20
	53143	F	12:05 pm-12:55 pm	Kent Commons	Barrick	11/7-11/21	\$12
<b>Rizzmic</b> A trademarked fitness program that pairs familiar American music genres with their authentic dance styles. From Hip Hop, Jazz, Fosse, Country, Disco, all under one name: Rizzmic!®	53144	F	12:05 pm-12:55 pm	Kent Commons	Barrick	12/12-12/19	\$8
	53149	M	9:30 am-10:30 am	Kent Commons	Weitz	9/8-9/29	\$16
	53150	M	9:30 am-10:30 am	Kent Commons	Weitz	10/6-10/27	\$16
	53151	M	9:30 am-10:30 am	Kent Commons	Weitz	11/3-11/17	\$12
	53152	M	9:30 am-10:30 am	Kent Commons	Weitz	12/1-12/22	\$16
	53145	Tu	5:30 pm-6:30 pm	Kent Commons	Weitz	9/2-9/30	\$20
	53146	Tu	5:30 pm-6:30 pm	Kent Commons	Weitz	10/7-10/28	\$16
	53147	Tu	5:30 pm-6:30 pm	Kent Commons	Weitz	11/4-11/18	\$8
<b>Step &amp; Core</b> Great overall workout in this combination step, cardio and strength training.	53148	Tu	5:30 pm-6:30 pm	Kent Commons	Weitz	12/2-12/23	\$12
	53173	Th	5:20 pm-6:20 pm	Kent Commons	Kebba	9/4-9/25	\$16
	53174	Th	5:20 pm-6:20 pm	Kent Commons	Kebba	10/2-10/30	\$20
	53175	Th	5:20 pm-6:20 pm	Kent Commons	Kebba	11/6-11/20	\$12
 <b>Step &amp; Strength</b> Toning class from head to toe that incorporates the step for burst of cardio intervals for a total body workout.	53176	Th	5:20 pm-6:20 pm	Kent Commons	Kebba	12/11-12/18	\$8
	53153	W	9:30 am-10:30 am	Kent Commons	Weitz	9/3-9/24	\$16
	53154	W	9:30 am-10:30 am	Kent Commons	Weitz	10/1-10/29	\$20
	53155	W	9:30 am-10:30 am	Kent Commons	Weitz	11/5-11/19	\$12
<b>Zumba (14+)</b> Fun, energetic dance workout done to Latin music.	53156	W	9:30 am-10:30 am	Kent Commons	Weitz	12/3-12/17	\$8
	53177	M	6:10 am-7:00 am	Kent Commons	Deines	9/8-9/29	\$16
	53178	M	6:10 am-7:00 am	Kent Commons	Deines	10/6-10/27	\$16
	53179	M	6:10 am-7:00 am	Kent Commons	Deines	11/3-11/17	\$12
	53180	M	6:10 am-7:00 am	Kent Commons	Denies	12/15-12/29	\$12
	53157	M	5:30 pm-6:30 pm	Kent Commons	Oppliger	9/8-9/29	\$16
	53158	M	5:30 pm-6:30 pm	Kent Commons	Oppliger	10/6-10/27	\$16
	53159	M	5:30 pm-6:30 pm	Kent Commons	Oppliger	11/3-11/24	\$16
	53160	M	5:30 pm-6:30 pm	Kent Commons	Oppliger	12/1-12/29	\$16
	53165	Tu	11:00 am-12:00 pm	Kent Commons	Caplan	9/2-9/30	\$20
	53166	Tu	11:00 am-12:00 pm	Kent Commons	Caplan	10/7-10/28	\$16
	53167	Tu	11:00 am-12:00 pm	Kent Commons	Caplan	11/4-11/25	\$12
	53168	Tu	11:00 am-12:00 pm	Kent Commons	Caplan	12/2-12/30	\$20
	53161	W	5:30 pm-6:30 pm	Kent Commons	Oppliger	9/3-9/24	\$16
	53162	W	5:30 pm-6:30 pm	Kent Commons	Oppliger	10/1-10/29	\$20
	53163	W	5:30 pm-6:30 pm	Kent Commons	Oppliger	11/5-11/19	\$12
	53164	W	5:30 pm-6:30 pm	Kent Commons	Oppliger	12/3-12/17	\$12
	53169	Sa	10:15 am-11:15 am	Kent Commons	Caplan	9/6-9/27	\$16
	53170	Sa	10:15 am-11:15 am	Kent Commons	Caplan	10/4-10/25	\$16
	53171	Sa	10:15 am-11:15 am	Kent Commons	Caplan	11/1-11/22	\$16
	53172	Sa	10:15 am-11:15 am	Kent Commons	Caplan	12/6-12/27	\$16

# ADULT PROGRAMS/SPORTS

## Outdoor Sports

### AMERICA'S BOATING COURSE

Offered by the Poverty Bay Sail and Power Squadron, this basic boating course will satisfy the boater education requirement for the State of Washington and most other states. All boaters 50 years and younger will have to have a Boater's Card in their possession to operate any vessel 15 horsepower and over in Washington. By 2015, anyone born after 1955 will need a card. Bring a sack lunch. Textbook and CD included - please pick up prior to class start date at Kent Commons.

53106	Sa	8:00 am-4:00 pm	9/27
Kent Commons	Staff		1 sess/\$35

### FISH SMOKING 101

Learn how to make delectable smoked fish using simple electric, gas and charcoal smokers. We'll focus on Pacific NW favorites like salmon, steelhead and trout. Class will include step by step instruction, demonstration, recipes and sample tasting. You'll be a hit at all your parties with your own custom smoked fish.

53116	W	6:30 pm-8:30 pm	12/17
Kent Senior	J. Fiskum		1 sess/\$25
Activity Center			

### FLY FISHING RIVERS FOR SEA RUN CUTTHROAT

Learn about this exciting Pacific NW fishery and the local opportunities. We'll discuss tackle & equipment, effective fly patterns, fishing strategies and local & regional river prospects. This class session will include a resource notebook. After the classroom session there will be an optional outing to a local river where you'll receive hands-on instruction in fly-fishing for Sea Run Cutthroat.

53112	Th	6:30 pm-8:30 pm	9/30
Kent Sr Center	J. Fiskum		1 sess/\$25

**Sea Run Cutthroat Outing:** If you have taken the classroom session there will be an optional outing where you can apply what you have learned. We'll fish the Cowlitz River near Chehalis, WA. Trip includes use of rods, reels, and lines. Directions and what to bring list will be sent upon registration.

53113	Sa	7:00 am-11:00 am	10/4
Cowlitz River	J. Fiskum		1 sess/\$50

### FLY FISHING THE YAKIMA RIVER

The Yakima is Washington's best 'Blue Ribbon' fly fishing stream. You will learn how to unlock the secrets of this quality trout stream. We'll discuss access for both wade fishing and floating in relation to seasonal water flows. Insect hatches and hot fly patterns, plus tips for success in all 4 seasons on this year round trout fishery. Class will include slides and a Yakima resource notebook. Instructor has 25 years of experience fishing and guiding the Yakima.

53110	Th	6:30 pm-8:30 pm	9/11
Yakima River	J. Fiskum		1 sess/\$25

**Yakima River Optional Outing:** If you have taken the classroom session there will be an opportunity to experience the Yakima River first hand. We will wade fish the river in the lower canyon near Ellensburg WA. Trip includes use of rods, reels, and lines. Directions and what to bring list will be sent upon registration.

53111	Sa	10:00 am-2:00 pm	9/27
Yakima River	J. Fiskum		1 sess/\$50

### INTRODUCTION TO WINTER STEELHEAD FISHING

Learn how to catch the Pacific Northwest's favorite game fish, the Winter Steelhead. In this classroom session we'll discuss tackle, equipment, how to rig up, and which lures or baits to use. Get valuable information about our local and regional rivers, when and where to fish them. Class includes a resource manual. After this session join us for an optional outing to apply what you have learned and try to hook a steelhead.

53114	Th	6:30 pm-8:30 pm	12/11
Snoqualmie River	J. Fiskum		1 sess/\$25

**Winter Steelhead Outing:** If you have taken the classroom session, join us for an optional Outing to the Snoqualmie River near Fall City, WA where will wade fish and pursue Winter steelhead. Rod, reel and line sets up available for rent for \$10. Directions and what to bring list will be sent upon registration.

53115	Sa	6:30 am-10:30 am	12/13
Snoqualmie River	J. Fiskum		1 sess/\$50

### SEA KAYAK WITH SALMON

Enjoy an amazing guided kayak paddle on the Kitsap Peninsula. You'll paddle among the returning fall salmon that are typically jumping and chasing around in the estuary. You will also have a tour of a salmon hatchery and sample some smoked salmon on this unique adventure. Must provide own transportation; directions will be sent upon registration.

53187	Sa	12:00 pm-4:00 pm	10/25
Kitsap Peninsula			1 sess/\$59

### SKAGIT RIVER GUIDED SALMON FISHING

The Skagit River has great returns of fall salmon. We'll target the hard fighting silvers & chums that should be abundant in the river. We'll fish with professional guide John Koenig of John's Guide Service out of a comfortable jet sled. All tackle and equipment is provided for this adventure, as well as group transportation to the river. Additional information will be sent upon registration. Space is limited - registration deadline is Sept. 20.

53188	Sa	5:00 am-4:00 pm	11/15
Skagit River			1 sess/\$225

### SOOS CREEK PARK INTERPRETIVE WALKS

Soos Creek Park is one of south King County's prized wetland habitats. Take one of the interpretive walks to learn more about this fascinating area. Visit [friendsofsooscreekpark.wetpaint.com](http://friendsofsooscreekpark.wetpaint.com).

#### CHRISTMAS BIRD COUNT

Meet at Gary Grant Park at SE 208th & 137th Ave down from Kentridge High.

53108	Su	7:00 am-10:00 am	12/28
Soos Creek Park	J. Miles		FREE

### TIETON RIVER RAFT TRIP

The Tieton River drops an incredible 50 feet per mile, making for a wild ride with almost non-stop action. It is also the warmest whitewater river in the state. After an awesome ride, indulge in a riverside steak barbecue prepared by your guides. Must provide own transportation; directions will be sent upon registration.

53185	Sa	1:00 pm-7:00 pm	9/13
53186	Su	11:00 am-5:00 pm	9/14
Tieton River			1 sess/\$92

### WILDLIFE TOTEM WALK

Come view the wildlife of Soos Creek Park as you learn a system of self-help and life assessment inspired by Native American traditions. You will be taught how to use wildlife sightings as a method of personal introspection. Though lighthearted and fun, this walk contains biological, zoological, and anthropological material relevant to the Soos Creek Park.

53107	Sa	2:00 pm-3:30 pm	9/27
Soos Creek Park	M. Imlay		FREE



# CHRISTMAS RUSH CULTURAL ARTS



KENT PARKS, RECREATION AND COMMUNITY SERVICES

**FRI. DECEMBER 5TH 10AM-6PM & SAT. DECEMBER 6TH 9AM-5PM**  
**WANT TO BE A CRAFT VENDOR THIS WINTER?**

APPLICATIONS ARE AVAILABLE AT:

**[www.KentWA.gov/kentcommonsholidaybazaar](http://www.KentWA.gov/kentcommonsholidaybazaar)**

OR CONTACT CHRIS JORDAN FOR MORE INFO @ **253.856.5000**



## RETURN REGISTRATION FORM AND FEE TO:

Kent Parks, Registration, 525 4th Avenue North, Kent, WA 98032-4497

## 32nd Annual Kent Parks

# 5K/10K Christmas Rush Fun Run & Walk

**Saturday, December 13**

**Russell Road Park** 24400 Russell Road

Day of Race Registration: **7:30 a.m.**

5K starts: **9:50 a.m.**

10K starts: **10:00 a.m.**

Pre-registration deadline: **December 5, 2014**

Race info: **253.856.5050, mhendrickson@KentWA.gov**

Register online: **Active.com**

Name \_\_\_\_\_ E-Mail \_\_\_\_\_ Birthdate / / Age \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone ( ) \_\_\_\_\_ Work Phone ( ) \_\_\_\_\_ Sex: Male ☐ Female ☐

### RUN/WALK CHOICE

- ☐ 5K Men's Run - 53293
- ☐ 5K Women's Run - 53295
- ☐ 10K Men's Run - 53294
- ☐ 10K Women's Run - 53296
- ☐ 5K Recreational Walk - 53297

**AGE** ☐ 13 & under ☐ 19-24 ☐ 30-34 ☐ 40-44 ☐ 50-54 ☐ 60-64 ☐ 70-74 ☐ 80+  
☐ 14-18 ☐ 25-29 ☐ 35-39 ☐ 45-49 ☐ 55-59 ☐ 65-69 ☐ 75-79 ☐ Wheelchair

### Credit Card Information

Please print name of cardholder \_\_\_\_\_

VISA or MasterCard # \_\_\_\_\_

Exp. Date \_\_\_\_\_

### Register before December 5

Run/Walk Only \_\_\_\_\_ (\$10)  
Add T-Shirt (optional) \_\_\_\_\_ (\$25)  
Technology Fee\* \_\_\_\_\_ (\$1)

**Total** \_\_\_\_\_

### After December 5

Run/Walk Only \_\_\_\_\_ (\$20)  
Add T-Shirt (optional) \_\_\_\_\_ (\$35)  
Technology Fee\* \_\_\_\_\_ (\$1)

**Total** \_\_\_\_\_

\*Effective March 21, 2012 a \$1 technology fee per transaction is being applied to support systems that provide convenience and efficient service delivery.

**Adult Sizes, Long-Sleeved T-Shirt:** ☐ XSm ☐ Sm ☐ Med ☐ Lg ☐ XL ☐ XXL

I assume all risks and hazards of the conduct of the program and release from responsibility any person providing transportation to and from activities. In case of injury or damages, I do hereby release and hold harmless the City of Kent, its elected and appointed officials and employees, the organizers, sponsor, supervisor or any volunteer connected with the program from any and all claims, injuries, damages, losses or suits, including attorney fees, arising out of or in connection with the program. In the absence of signature, payment of fees and participation in the program shall constitute acceptance of the conditions set forth in the release.

I grant full permission to use any photographs, videotapes, motion pictures, recordings or any other record of this program for any City of Kent informational or promotional use.

Signature of Participant (Parent/Guardian, if minor) \_\_\_\_\_

Date \_\_\_\_\_

## Spotlight 2014 • 2015 SERIES

**Welcome to the Kent Arts Commission's 2014-2015 Spotlight Series.** This season marks the 17th year that Spotlight Series has been bringing great family entertainment and a wide variety of performing arts to Kent stages. The Kent Arts Commission is proud to present these nine performances in venues that are close to home and easily accessible to Kent residents. See you at the shows!

### MICHAEL KAESHAMMER



**FRIDAY, SEPTEMBER 26**  
7:30 p.m.

Kent-Meridian Performing Arts Center  
\$20 general, \$18 senior, \$15 youth

Michael Kaeshammer is a triple-threat combo of piano virtuosity, vocal ability, and charisma. His performances are pure delight and his energy knows no bounds. He has piano technique to burn and, to his audiences' delight, has an acrobatic way with a grand piano. When Kaeshammer performs, it's obvious he's having a ball; playing superlative boogie-woogie, blues, Jazz, and pop cross-over material. But Kaeshammer doesn't simply wow you with his chops; he invites you in and talks to you. His live performances are an invitation to join a party.

### JOHN KEAWE



**SATURDAY, OCTOBER 11**  
7:30 p.m.

Kent-Meridian Performing Arts Center  
\$20 general, \$18 senior, \$15 youth  
*Partial funding from WESTAF,  
National Endowment for the Arts, and  
Washington State Arts Commission*

John Keawe is a Master of Kihō'alu (slack key guitar) and one of Hawaii's preeminent singer/songwriters. He is a GRAMMY award winner, and multi Na Hoku Hanohano award winner. John fuses both traditional tunings and his own style, as he shares tales of old legends and living the island lifestyle. His music is an integral part of Hawaii's culture and history. He will be joined by his wife, Hope Keawe, an accomplished Hula dancer who offers inspiring and beautiful interpretations of his songs.

### THE FOUR BITCHIN' BABES PRESENTS "JINGLE BABES!"



**FRIDAY, DECEMBER 5**  
7:30 p.m.

Kent-Meridian Performing Arts Center  
\$25 general, \$25 senior, \$15 youth

Join this "fabulous female folkestra" as they deck the halls with songs and folly. The Four Bitchin' Babes are Sally Fingerett, Debi Smith, Deirdre Flint, and Nancy Moran, an original tour de force musical comedy theatre troupe. These four accomplished and seasoned musician-actress-comediennes fill the stage with whimsical songs, hilarious shtick, and luscious girl group harmonies. Gather your girlfriends and treat yourselves to an evening of festive fun.

### MAGICAL STRINGS Celtic Yuletide Concert



**SUNDAY, DECEMBER 7**  
3:00 p.m.

Kent-Meridian Performing Arts Center  
\$22 general, \$20 senior, \$15 youth

The Boulding Family's musical celebration of the holiday season is a treasured tradition in Kent. Once again, Pam and Philip Boulding are joined by their children, grandchildren, and guests for an afternoon of enchanting Yuletide music. The Bouldings perform on Celtic harps, hammered dulcimers, whistles, strings, percussion, and harp-like instruments from around the world. Guests add Irish step dancing, drumming, and storytelling for a festive and memorable performance.

*Spotlight for Families: All Ages*

# SPOTLIGHT SERIES CULTURAL ARTS

## MARC COHN



After winning a Grammy for his soulful ballad "Walking in Memphis", Marc Cohn solidified his place as one of this generation's most compelling singer/songwriters, combining the precision of a brilliant tunesmith with the passion of a great soul man. He's a natural storyteller, balancing the exuberant with the poignant, and able to distill universal truth out of his drawn-from-life tales. About his latest album Listening Booth: 1970, Rolling Stone said, "Cohn has one of rock's most soulful croons—a rich, immediately recognizable tenor that makes these songs his own."

**THURSDAY, JANUARY 22**

7:30 p.m.

Kentwood Performing Arts Center

\$28 general, \$25 senior, \$15 youth

*Sponsored by Pete and Pat Curran through the Kent Parks Foundation*

## BROADWAY'S NEXT H!T MUSICAL



Every song is fresh. Every scene is new. Every night is different. It's all improvised and it's all funny. The New York Times calls Broadway's Next H!T Musical "Hilarious!" Time Out NY says "At last! A musical of, for, and by the people." Master improvisers gather made up song suggestions from the audience and create a spontaneous evening of music, humor, and laughter. The audience votes for their favorite song and watches as the cast turns it into a full blown improvised musical.

**FRIDAY, FEBRUARY 6**

7:30 p.m.

Kent-Meridian Performing Arts Center

\$25 general, \$22 senior, \$15 youth

## "FAIRY TALES & FANTASY" presented by BYU Theatre Ballet



Selections from classic ballets such as Romeo & Juliet, Swan Lake, Sleeping Beauty, Cinderella, Don Quixote, and more bring magical stories, beautiful music, and graceful dance to the stage for all ages to enjoy. Don't miss the pre-show Prince and Princess Party! Audience members are invited to meet the ballerinas and fairytale royalty. Parents are encouraged to take as many photos as their cameras can hold and everyone is invited to dress up in royal costumes for this evening of fantasy.

**Spotlight for families: All Ages**

**THURSDAY, MARCH 12**

7:00 p.m.

Kentwood Performing Arts Center

\$22 general, \$20 senior and \$12 youth

## SCHOOLHOUSE ROCK LIVE!



A pop culture phenomenon returns to the musical stage! Academic subjects will never seem boring again when presented through megahits like "Conjunction Junction," "Just a Bill," "Interplanet Janet," or "Three is a Magic Number." Schoolhouse Rock explodes onto the stage with songs you loved updated for a whole new generation. Childsplay is a company of adult actors who teach and perform for young audiences and families.

**Spotlight for families: 1st grade & up**

**SATURDAY, MARCH 21**

1:00 p.m.

Kent-Meridian Performing Arts Center

\$10 general, \$10 senior, \$10 youth

## SPONSORS

**Spotlight Series is presented by the Kent Arts Commission and City of Kent Parks, Recreation and Community Services Department with the support of the following sponsors.**



**Pete & Pat Curran Family • Judy Woods**



**CURRAN LAW FIRM**



# CULTURAL ARTS SPOTLIGHT SERIES

## MASTERS OF SOUL



**TUESDAY, APRIL 7**

**7:30 p.m.**

**Kentwood Performing Arts Center**

**\$25 general, \$22 senior, \$15 youth**

*Sponsored by Pete and Pat Curran  
through the Kent Parks Foundation, and  
Judy Woods*

Masters of Soul is a celebration of the legendary songs and performers that defined Motown and soul music. Take the ultimate stroll down memory lane as you relive the incredible harmonies and smooth moves made famous by many of the greatest recording acts of all time, including The Temptations, Gladys Knight & The Pips, Marvin Gaye & Tammi Terrell, The Four Tops, Diana Ross & The Supremes, The Jackson Five, Martha Reeves The Vandellas, Stevie Wonder, Wilson Pickett, Lou Rawls, Barry White, The Commodores, and many more!



### PERFORMANCE LOCATIONS:

- Kent-Meridian High School, Performing Arts Center  
10020 SE 256th Street, Kent
- Kentwood High School Performing Arts Center  
25800 164th Avenue SE, Covington

### DIRECTIONS AND PARKING:

Locations are and on Kent's East Hill, a short drive (approximately 30–40 min) from Seattle and Tacoma. For directions see **KentArts.com** or call (253) 856-5051. Free parking is available.

### POLICIES AND INFORMATION:

#### Senior and youth tickets

- Age 55 and older qualifies for senior ticket rates.
- Age 25 and younger qualifies for youth ticket rates.

#### Refunds/exchanges

- No refunds or exchanges—ticket purchases are final.

#### Seating

- All seating for Spotlight Series events is assigned/reserved.
- Seating will begin 30 minutes prior to performance time.
- Late seating is not guaranteed and is at the discretion of the performers and House Manager.

#### Special Needs

Please let us know in advance how we might be able to help and we will provide reasonable accommodations to those needing special assistance. For wheelchair seating, please advise when purchasing tickets.

### Children

- Spotlight Series is family friendly and offers some performances that are especially well-suited for kids and families. Those performances are designated as "Spotlight for Families" shows. Other performances may not be appropriate for young children—please use discretion when choosing performances for young patrons.
- Spotlight Series does not allow "Babes in Arms," with the exception of Spotlight for Families performances: Children over 12 months must have a ticket for these shows.

### TICKET INFORMATION:

#### Subscriptions

- Create your own subscription series—Purchase tickets to any four or more separate performances and receive 10% off on each ticket price.

#### All tickets must be purchased in the same transaction.

#### Group Rates

- Buy 10 or more tickets to any one performance and receive 10% off.
- Buy 20 or more tickets to any one performance and receive 20% off.

**All group tickets must be purchased in the same transaction to receive the discount and must be purchased by calling or visiting the box office (no group discounts on-line).**

### FOR TICKETS...

- Purchase on-line: **KentArts.com**  
Look for the "purchase tickets" link.
- Call (253) 856-5051, Monday–Saturday. A Visa or Mastercard is required for phone orders.
- Walk in to the Kent Commons, 525 4th Avenue North, Kent, Monday–Saturday. Phone and walk-in hours are: Mon.–Thurs. 6 a.m. to 10 p.m., Fri. 6 a.m. to 9 p.m. and Sat. 8 a.m. to 9 p.m.

*Spotlight Series is presented by the Kent Arts Commission and City of Kent Parks, Recreation and Community Services Department.*

# ADULT 50+ PROGRAMS

## OPERATING HOURS

**M–F: 8:30 am–4:30 pm\***

*\*Extended hours: Tuesday to 9:45 pm  
Wednesday to 9:00 pm*

### Kent Senior Activity Center

**600 East Smith Street, Kent, WA 98030  
(253) 856-5150**

The Kent Senior Activity Center features daily recreation activities, including lunch, classes, workshops, trips, special events, health services, outdoor recreation and Fitness Center.

### Classes & Workshops

The Center offers a wide variety of educational opportunities including a comprehensive selection of computer classes. For the creative or the creative wannabes we offer mixed media and genealogy. Dust off your driving skills and save on car insurance by taking an AARP defensive driving class.

### Health & Fitness

The Center offers a fitness center as well as ample opportunities to better your health from exercise classes to blood pressure checks, massage, reflexology, acupuncture and foot care.

### Special Interests

**Fishing Fly Tying** – Tues., 9:30 a.m.

**Stamp Collecting** – Tues., 2:00 p.m.

**Bring Your Own Crafts** – Wed., 9:00 a.m.

**Woodcarving** – Wed., 9:30 a.m.

**Hooks 'n Needles** – Thurs., 1:00 p.m.

### Day Trips

The Center offers exciting day trips around the area. Go someplace new or visit an old favorite.

More information about all programs can be found in the Center bulletin available at the Kent Senior Activity Center or online at [Kent50Plus.com](http://Kent50Plus.com).

## SINGING, DANCING, DRAMA

<b>Readers Theater</b>	Performing dramas seasonally. Co-sponsored by Chateau @ Valley Center	M 10 a.m.
<b>Tuesday Dances</b>	Daytime Free/ Evening \$4	Tu 1:15 p.m. & 7:30 p.m.
<b>Line Dancing</b>	Group Led	W: 2 p.m.
<b>Ukulele Lessons</b>	Informal instruction (Seasonal)	1st and 3rd Th: 1 p.m.
<b>Pineapple Express Jam</b>	Singing and Playing Ukulele	1st and 3rd Th: 1:30 p.m.
<b>Karaoke</b>	Sing or listen	2nd Fri: 10 a.m. - 1:30 p.m. 4th Tu: 9 - 11:45 a.m.
<b>Hula</b>	Dancing	2nd & 4th Thurs. 1-3 p.m.

## BOOKS & POETRY

<b>Poetry Club</b>	Writing & reading poetry Evening Readings Sept. 30	1st & 3rd F 10:45-11:45 a.m.
<b>"Tattered Pages" Book Club</b>	Refreshments & events Co-sponsored by Auburn Meadows	1 <sup>st</sup> W 1-2:30 p.m.

## FITNESS CLASSES

<b>Aerobics</b>	Course Fee/Pre-registration	M & W 10 a.m.–11 a.m.
<b>Chi Gong</b>	Free	Th 9:30 a.m.
<b>Stretch 'N Strength</b>	Course Fee/Pre-registration	Tu & Th 9–10 a.m. or 10:15–11:15 a.m.
<b>DVD Aerobic Walking</b>	Free	F 9–9:30 a.m.
<b>Yoga</b>	Course Fee/Pre-registration	F 9:45–10:45 a.m.

## OUTDOOR ADVENTURE

<b>Monthly Trip</b>	Join us for Hiking, Fishing, Snowshoeing, and Skiing throughout the season	Fee is location dependent
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## WEEKLY ACTIVITIES

<b>Wii</b>	Free bowling, golf, tennis & more	M & F 1–3 p.m.
<b>Koffee Klatch by Stafford Suites</b>	Free coffee and music, door prizes	M 11:00 –Noon
<b>Juice 'n Jazz by Stafford Suites Active Life Club</b>	Free juice samples, live jazz and door prizes	1 <sup>st</sup> Tu 12:30–1:15 p.m.
<b>Games</b>	Pinochle, bridge, cribbage, hand & foot, stamp collecting, whist, dominoes, mah jong, ping pong, canasta	Details: <a href="http://kent50plus.com">kent50plus.com</a>

## ADULT 50+ PROGRAMS

### Day Trip Opportunities

Kent Senior Activity Center offers a variety of day trips every week. Be sure to check out what is coming up at **253-856-5150** or **Kent50Plus.com**



### 2015 Leisure Travel

For more information contact Cindy at **253-856-5162** or email at **crobinson@KentWA.gov**



### “North of Fifty” Snow Sports Program

Join us this winter for Downhill Ski, Cross Country Ski and Snowshoe Adventures. Both day trips and overnight tours will be offered.

***Trips include transportation and guiding.***

***\*Pre-season meeting on Sept. 23rd***

***Cross Country & Snowshoe 9:45am***  
***Downhill Ski Info 10:45am***

For more information on our Snow Sports Program, contact John at **253-856-5163** or email **jfiskum@KentWA.gov**

- **Stevens Pass, Leavenworth**  
Mission Ridge  
Downhill, X-C and Snowshoe  
January 2015
- **Coeur d' Alene Resort ID**  
Downhill, X-C and Snowshoe  
January 2015
- **Red Mountain Resort BC**  
Downhill, X-C and Snowshoe  
February 2015
- **White Pass, WA**  
Downhill, X-C and Snowshoe  
March 2015



28th ANNUAL

## Holiday CRAFT MARKET

Friday, November 7, 9:00 a.m.-5:00 p.m.  
Saturday, November 8, 9:00 a.m.-4:00 p.m.

**Juried Handcrafted,  
One-of-a-Kind Gifts  
All in One Stop!**

A Variety of Quality Crafts  
Free Admission  
Free Onsite Parking  
Festive Entertainment  
Figgy Pudding Café

**FARRINGTON COURT**  
LIVING BETTER THAN EVER  
 **Regence**  **Stafford**  
SUITES  **JUDSON PARK**  
The Sound Choice for Senior Living  
MANAGED BY ARBON

Stafford Suite co-sponsors a

## FALL HARVEST BALL

Tuesday, Oct. 21, 2014  
Appetizers: 7 p.m.  
Dance: 7:30 - 9:30 p.m.  
**Music by Andy Burnett**  
Dessert break: 8:15 p.m.

Beginning Tuesday, Sep. 23 tickets  
exchanged for any size cash  
donation to the Kent Parks Deli &  
Cafe lunch program, in person or by  
phone with MasterCard/Visa:

**253-856-5150**

Event located at the  
Kent Senior Activity Center  
600 E. Smith Street  
Kent, WA 98030



**M, Tu, Th, F - \$6 all ages  
Wed. Deli only \$5  
11:45 a.m. to 1:00 p.m.**

Deli Bingo every 2nd Wed.  
Noon-12:45 pm  
Prizes \$25-\$100 compliments  
of Talbot Healthcare

**For update, call  
Menu Hotline:  
(253) 856-5155**

Special thanks to:  
Talbot Healthcare, Stafford  
Suites, Diana's Home,  
Dignity Memorial

## Special Events

### Thursday, Sep. 25

Free Wellness Day hosted  
by FD Cares, 9 am-1pm, Lunch \$1

### Friday, Oct. 17

Kent Firefighters Foundation, Noon  
Tickets \$2, while supplies last  
Limit 2 per person  
Beginning Tues. 9/16

### Thursday, Oct. 21

Fall Harvest Ball (details at left)

### Holiday Craft Market

Nov. 7 & 8 (see details above)

*The following tickets will be  
available Tuesday, Oct. 1:*

### Knot Quite Write Players Fall

Show Mon, Nov. 3 • 10 am & 1 pm  
Tickets \$1 beginning Tues. Oct 7

### Thanksgiving Luncheon

Fri., Nov. 14

**Christmas Luncheon** • Fri., Dec 12  
Firefighters Foundation honors  
Volunteers

# KENT COMMONS



**Please contact the Facility Scheduling Office at: 253.856.5000 • KentWA.gov/KentCommons**

## Kent Commons

The Kent Commons is a public recreational facility that is home to a wide variety of physical and cultural activities.

Phone: (253) 856-5000

Fax: (253) 856-6000

Website: KentWA.gov/kentcommons

## OPERATING HOURS

**M–Th: 6:00 am–10:00 pm**

**F 6:00 am–9:00 pm**

**Sa 8:00 am–9:00 pm**

**Call (253) 856-5000  
for more information**

## Reception Halls, Meeting Rooms, Auditoriums

The Kent Commons offers six meeting rooms and two reception halls/auditoriums varying in size and able to accommodate groups up to 300. The double gymnasium is also available to rent for larger events. Call (253) 856-5000 for availability and rental rates.

## OPEN PARTICIPATION PROGRAMS

Day	Time*	Fee
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### Basketball

<b>Tu–Th</b>	<b>11:30 am–1:30 pm</b>	<b>Free</b>
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The gymnasiums are also available for team rentals.

### Racquetball (253) 856-5010

M–Th	6:00 am–10:00 pm	\$7/hr
F	6:00 am–9:00 pm	\$7/hr.
Sa	8:00 am–9:00 pm	\$7/hr.

Senior citizen rate is \$3.50 per hour for selected times only.

### Conditioning Room

M–Th	6:00 am–10:00 pm	\$2
F	6:00 am–9:00 pm	\$2
Sa	8:00 am–9:00 pm	\$2

Conditioning room pass (unlimited use) \$12.50 per month or \$37.50 per quarter.

50% off for adults 55+. \*All hours are subject to occasional schedule changes.



**Green River Room**



**Crystal Mountain Room**

## SPORTS & FITNESS

Facilities available for community use within the Kent Commons Community Center include:

Double gymnasium equipped for volleyball, basketball, badminton, etc.

- Fully-equipped conditioning room/Nautilus weight machines, treadmills, stair climbers and exercise bikes
- Handball/racquetball courts
- Mini-gym for exercise and dance classes
- Music room: hourly rate for piano practice
- Showers and coin-operated lockers
- Vending area with snacks and beverages
- Walleyball



**Interurban Room**



**Mill Creek Room**

## What Should I Do To Get My Home Ready For Winter?



With winter is just around the corner and is a great time to get your furnace cleaned. Over time and with continued use furnaces get gunked up with dust dirt and hair making them less efficient. Clean furnaces are safer and more efficient. Has your

furnace been serviced in the past two years? If not, consider Kent Home Repair.

Kent Home Repair has been helping City of Kent residents stay safe and on top of health and safety repairs for over 35 years now. If you qualify you could be eligible to receive up to \$5000 in minor health and safety home repairs including furnace cleanings and servicing, roof repair, hot water tank replacement, electrical, plumbing repairs and more.

To qualify for the Kent Home Repair Program you must live within the City limits and have owned your home for a minimum of one year and meet income restrictions based on the number of residents in your home. Mobile homes must be 1976 or newer and the owner must be senior and/or disabled. To see if you can qualify or to apply, call 253-856-5065 or go online at [KentWA.gov/humanservices](http://KentWA.gov/humanservices) to download an application.

Here are some do-it-yourself weatherization tips that could help you save energy and money during the cooler winter months:

- Caulk and weatherstrip doors and windows that leak air.
- Caulk and seal air leaks where plumbing, ducting, or electrical wiring penetrates through exterior walls, floors, ceilings, and soffits over cabinets.
- Install rubber gaskets behind outlet and switch plates on exterior walls.
- Look for dirty spots in your insulation, which often indicate holes where air leaks into and out of your house. You can seal the holes by stapling sheets of plastic over the holes and caulking the edges of the plastic.
- Install storm windows over single-pane windows or replace them with double-pane windows. Storm windows as much as double the efficiency of single-pane windows and they can help reduce drafts, water condensation, and frost formation. As a less costly and less permanent alternative, you can use a heavy-duty, clear plastic sheet on a frame or tape clear plastic film to the inside of your window frames during the cold winter months. Remember, the plastic must be sealed tightly to the frame to help reduce infiltration.
- When the fireplace is not in use, keep the flue damper tightly closed. A chimney is designed specifically for smoke to escape, so until you close it, warm air escapes-24 hours a day!

**Do you have a question for us?** Email your home repair questions to [humanservices@kentwa.gov](mailto:humanservices@kentwa.gov) and our professional staff will get back to you with a solution.

## Kent Severe Weather Shelter

The City of Kent, in partnership with Kent Lutheran Church and Catholic Community Services, operates a Severe Weather Shelter (SWS) during the winter months (November through March). This shelter is located at:

**Kent Lutheran Church**  
**336 2nd Ave South**  
**Kent, WA 98032**

The SWS is activated by the City of Kent Housing and Human Services Division anytime temperatures fall below 32 degrees for 24 or more consecutive hours AND/OR snow accumulation exceeding 3 inches in depth AND/OR other conditions deemed severe enough to present a substantial threat to life or health of homeless persons.

### All are welcome!

Priority is given to homeless families with children who are living on the streets or in vehicles or who are without power at their homes, but the SWS is also available for unaccompanied women and men; separate sleeping space has been prepared for men, women, and for families with children.

The SWS is operated by Catholic Community Services staff and volunteers from Kent Lutheran Church and the greater Kent community. All must register at the door. As with all shelters, rules for the health and safety of clients, staff and the broader community will apply.

**Volunteers are needed**, so if you are interested in helping please contact Kent Lutheran Church directly at (253) 852-2057.

The city will also open day time warming shelters to assist those who are without power and heat in their homes during winter storms. The following locations are typically open to the public:

- Kent Commons: 525 4th Ave. N.
- Kent Senior Activity Center: 600 E. Smith St.
- Kent City Hall: 220 4th Ave. S.

There are shelters open in Renton, Federal Way, Auburn, Bellevue, and Seattle. Please contact the Crisis Clinic by dialing 2-1-1 to access shelter information in these other areas.

**Contact:** Jason Johnson, Housing & Human Services  
253-856-5070 • [jajohnson@kentwa.gov](mailto:jajohnson@kentwa.gov)





## FALL COMMUNITY VOLUNTEER EVENTS

For corporate work groups, students looking for fun ways to gain community service hours, scouts earning badges, faith communities, clubs and individuals who enjoy making a difference in just a few hours, here are some great opportunities:

**September 27:** 8th Annual National Public Lands Day in Kent at Lake Fenwick Park

**October 11:** 13th Annual ReLeaf at Clark Lake Park

**October 25:** 3rd Annual Green Kent Day at Morrill Meadows Park & Green River Natural Resources Area

And don't forget Green Kent work parties, hosted by trained volunteer Stewards at sites all over the city throughout the year. Check our web page for all the details: [KentWA.gov/ComeVolunteer](http://KentWA.gov/ComeVolunteer), or call 253-856-5113.

## THINK YOU HAVE WHAT IT TAKES TO BECOME A STEWARD?



Ever come across the Green Kent Partnership Facebook page or heard about all the restoration work being done by fantastic Green Kent Stewards? What is the Green Kent Partnership anyway and what are the goals of this collaboration with residents and other stakeholders? If you love being outdoors, walking in our parks and enjoying healthy, well-cared for trees and native shrubs, and working with other people of all ages who feel like you do, we'd love to talk with you!

**GREEN  
KENT**  
PARTNERSHIP



An orientation for interested individuals will be held in late fall, but you can learn more anytime at [GreenKent.org](http://GreenKent.org) or feel free to call 253-856-5113 with your questions. We love talking about Green Kent and bragging about our Stewards!

## GREEN TREE PARK IS GETTING A NEW PLAYGROUND!

The playground at Green Tree Park (120th Ave. SE & SE 216th St. in the Panther Lake area) was installed in 1997, making it one of the oldest in our inventory. In addition to being at the end of its life cycle, the play space is smaller than what the neighborhood needs.

That will change on September 20, when community volunteers will come together to install new equipment inspired by neighborhood children's drawings.

To find out more about the project, please contact Parks Planning & Development at 253-856-5111.





## Reservation Policy

- Reservations start February 3, 2014.
- Please call (253) 856-5000 for park rentals.
- Payment is due upon receipt of application.

## Park Use Fees

Park use fees are based on the number of people attending the event and for each picnic shelter required for the size of group.

Daytime/ Evening Rental (9 am to 2 pm, 3 pm to dusk)	All Day Rental (9 am to dusk)
<b>1 to 60 guests</b>	\$90
<b>61 to 120 guests</b>	\$150
<b>121 guests or more**</b>	\$200

If a group exceeds the capacity limit of requested shelter, group will be required to reserve an additional shelter.

\*\*Groups larger than 120 guests must have prior approval from Parks Rental Coordinator.

Additional fees may be assessed depending on the type of activity/event planned.

## Reception Hall Rental Facilities

The following rooms and facilities are a great place for a wedding reception, birthday party, holiday event, or company meeting. For more information, call (253) 856-5000 or the number noted.

### Kent Commons

525 Fourth Avenue N. • Call (253) 856-5000.

- **Crystal Mountain Hall**
- **Multi-Purpose Room #1 or #2**
- **Green River Room**

### Kent Memorial Park Building

850 N. Central.



### Kent Senior Activity Center *(above)*

600 E. Smith St. • Call (253) 856-5150.

In addition to the many parks that the public can enjoy without charge, City of Kent Parks, Recreation and Community Services has park facilities that can be rented for picnics, meetings, family parties and athletic events. Stop by the Kent Commons building, 525 4th Ave. N., Kent, or call (253) 856-5000 for information.

## Park Rental Facilities



*Lake Meridian Park*

**Briscoe Park**, S. 190th St.  
Large walk-in park located near the Kent/Tukwila border. Features two large shelters, play area and portable toilet.

**Kent Memorial Park**,  
850 N. Central Avenue. Located near downtown Kent. Features small picnic shelter, cooking grills, picnic tables, playground, public art and restrooms.

**Lake Meridian Park**,  
14800 S.E. 272nd St. Large covered shelter, cooking grills, large playfield, swimming beach, fishing, boat launch, public art, playground and restrooms.

### Mill Creek Canyon Earthworks Park

742 E. Titus St.  
An internationally recognized landscape designed by Herbert Bayer and the City of Kent's first designated landmark. Features the Earthworks, public art, paved walking trails, amphitheater with row seating and restrooms.



*Mill Creek Canyon Earthworks Park*

### Morrill Meadows

10600 S.E. 248th St.  
Located on East Hill of Kent. Features cooking grills, drinking fountain, greenbelt, multi-use playfield, parking, large picnic shelters, playground, public art, restrooms and trails.

### Russell Road Shelter

24400 Russell Rd. S.  
Features tables, cooking grills, shelter, water, playground, restrooms and horseshoe pits (not available on weekends during tournament play).

### Van Doren's Landing Park

21901 Russell Rd.  
Features two large picnic shelters, large playfield, restrooms, horseshoe pits, public art, paved walking trail and playground.



*Morrill Meadows*

# PARKS AND PROGRAM SITES

**American Colleges of Mixed Martial Arts**  
(ACMMA)  
704 W. Meeker St, Kent  
(253) 854-7535

**Arbor Heights 360 Skate Park,**  
11525 SE 240 St

**Bereiter House/Greater Kent Historical Society Museum,** 855 E Smith St

**Boeing Employees Tennis Center,**  
6727 S 199 Pl

**Briscoe Park,** S 190 St

**Burlington Green,** W Meeker & Railroad Ave N

**Campus Park,** Canyon Drive & S 252 St

**Canterbury Park,** 24409 100 Ave SE

**Centennial Center,** 400 W. Gowe St.

**Chestnut Ridge Park,** 9901 S 203 St

**Clark Lake Park,** between SE 240 & SE 248  
@ 127 Ave SE

**East Hill Park,** 10920 SE 248

**Eastridge Park,** 143 SE & SE 257

**Fairwood Martial Arts,**  
17134 116 Ave SE, Renton  
(425) 255-8144

**First Ave Plaza,** 219 1 Ave S

**Foster Park,** 259 & 74 Ave S

**Garrison Creek Park,** 218 St & 98 Ave S

**Glenn Nelson Park,** Military Rd & S 268

**Grandview Off-Leash Dog Park,**  
3600 S 228th St, SeaTac

**Green View Park,** SE 277 Pl & 120 Pl SE

**Hart's Gymnastics Center,**  
26415 79 Ave S, Kent  
(253) 520-1973

**Kaibara Park,**  
1 Ave between W Smith & W Meeker St.

**Kent Bowl,** 1234 N Central Ave  
(253) 852-3550

**Kent Centennial Center,** 400 W Gowe St

**Kent Commons,** 525 4 Ave N

**Kent Kherson Peace Park,** 2 Ave & W Gowe St

**Kent Library,** 212 N 2 Ave

**Kent Lions Skate Park,**  
W Smith & Interurban Trail

**Kent Memorial Park Building,**  
850 N Central Ave

**Kent-Meridian Performing Arts Center,**  
10020 SE 256 St

**Kent Parks Community Center,**  
11000 SE 264 St

**Kent Meridian Pool,** 25316 101 St SE

**Kent Rotary Downtown Basketball Court,**  
James St (SE 240)

**Kent Senior Activity Center,** 600 E Smith St

**Kent Valley Ice & Events Centre,**  
6015 W James St

**Kentwood Performing Arts Center,**  
25800 164 Ave SE, Covington

**Kiwanis Tot Lot #1,** S. 1 Ave & W Crow St

**Kiwanis Tot Lot #2,** N. 2 Ave & W Cloudy St

**Kiwanis Tot Lot #3,**  
Alexander St between E Chicago & E Seattle St

**Kiwanis Tot Lot #4,** S 5 Ave & W Crow St

**Lake Fenwick Park,**  
25828 Lake Fenwick Road

**Lake Meridian Park,** 14800 SE 272 St

**Linda Heights Park,** S 248 & 35 Ave S

**Meridian Glen Park,** 137 Ave SE & SE 275 Pl

**Mill Creek Canyon Earthworks Park,**  
742 E Titus St

**Morrill Meadows Park,** 10600 SE 248 St

**Neely-Soames Historic Home,** 5311 S 237 Pl

**Old Fishing Hole,** Frager Rd, S of W Meeker St

**Rosebed Park,**  
1 Ave between W Gowe & W Meeker St

**Riverbend Golf Complex,** 2019 W Meeker St

**Russell Road Park,** 24400 Russell Rd

**Salt Air Vista Park,** 24615 26 Pl S

**Saqra's Studio,** 23625 41st Ave.

**Scenic Hill Park,** 25826 Woodland Way S

**Service Club Ballfields,** 14402 SE 288 St

**Seven Oaks Park,** SE 259 St & 118 Pl SE

**ShoWare Events Center,** 625 W. James St  
(253) 856-6999

**SKIP/Children's Therapy Center (SKIP/CTC),**  
10811 Kent-Kangley Rd  
(253) 854-5660

**Soos Creek Maintenance Bldg,**  
24810 148 Ave SE

**Soos Creek Park/Gary Grant Park-King Co,**  
SE 208 @ 136 Ave SE

**Springwood Park,** SE 274 St & 128 Pl SE

**Three Friends Fishing Hole,** S 196 St & 58 Pl

**Titus Railroad Park,** 1 Ave & Titus St

**Town Square Plaza,** 2 Ave & Harrison St

**Turnkey Park,** 23312 100 Ave SE

**Uplands Playfields,** 836 W Smith St

**Van Doren's Landing,** 21901 Russell Rd

**West Fenwick Park,** 3824 Reith Rd

**West Hill Skate Park,** 42 Ave S & Reith Rd

**Willis Street Greenbelt,**  
W Willis between 4 Ave S & 6 Ave S

**Wilson Playfields,** 13028 SE 251 St

**Yangzhou Park,** Railroad Ave & W Smith St

## KENT SCHOOL DISTRICT/ FEDERAL WAY SCHOOLS

**Carriage Crest Elementary,** 18235 140 Ave SE

**Daniel Elementary,** 11310 SE 248 St

**East Hill Elementary,** 9825 S 240 St

**Emerald Park Elementary,** 11800 SE 216 St

**Fairwood Elementary,** 16600 148 Ave SE

**Glenridge Elementary,**  
19405 120 Ave SE, Kent

**Grass Lake Elementary,** 28700 191 Pl SE

**Horizon Elementary,** 27641 144 Ave SE

**Kent Elementary,** 24700 64 Ave S

**Kentlake High School,** 21401 SE 300 St

**Kent-Meridian High School,** 10020 SE 256 St

**Kent Mountain View Academy,**  
22420 Military Rd, S, Des Moines

**Kentridge High School,** 12430 SE 208 St

**Kentwood High School,** 25800 164 SE

**Lake Youngs Elementary,** 19660 142 Ave SE

**Martin Sortun Elementary,** 12711 SE 248 St

**Meadow Ridge Elementary,** 27710 108 Ave SE

**Meeker Middle School,** 12600 SE 192 St, Renton

**Meridian Elementary,** 25621 140 Ave SE

**Meridian Middle School,** 23480 120 Ave SE

**Mill Creek Middle School,** 620 N Central Ave

**Millennium Elementary,** 11919 SE 270 St

**Neely-O'Brien Elementary,** 6300 S 236 St

**Northwood Middle School,**  
17007 SE 184 St, Renton

**Panther Lake Elementary,** 20831 108 Ave SE

**Park Orchard Elementary,** 11020 SE 232 St

**Pine Tree Elementary,** 27825 118 Ave SE

**Ridgewood Elementary,** 18030 162 Pl SE, Renton

**Sawyer Woods Elementary,** 31135 228 Ave

**Scenic Hill Elementary,** 26025 Woodland Way S

**Soos Creek Elementary,** 12651 SE 218 Pl

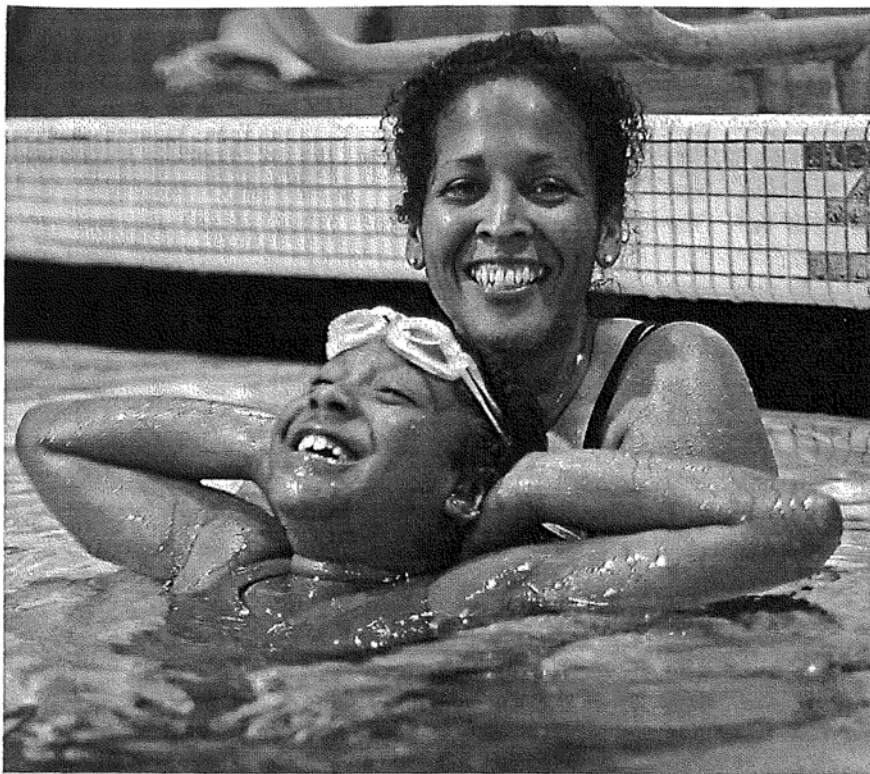
**Springbrook Elementary,** 20035 100 Ave SE

**Sunrise Elementary,** 22300 132 Ave SE

**Sunnycrest Elementary,** 24629 42 S (West Hill)

**Totem Middle School,** 26630 40 S (West Hill)

*Unless otherwise noted, all addresses are in Kent. For directions, go to [KentWA.gov/parks](http://KentWA.gov/parks)*



**My Mother** feared  
for my safety more than  
she feared the water...  
so I was taught to swim.  
My Mother never  
swam... but now **her**  
**granddaughter**  
swims like a fish.

Children of parents who don't swim are significantly more likely to drown because they, too, never learn to swim. And each generation the problem compounds itself.

Contact your Kent-Meridian Pool today to schedule lessons and help us break the cycle.

**CALL: 253.854.9287**

## MAKE SWIMMING HEREDITARY - PASS IT ON

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-7:00am	Lap Swim & Water Walking	Lap Swim & Water Walking	Lap Swim & Water Walking	Lap Swim & Water Walking	Lap Swim & Water Walking	King Aquatics Club & City of Kent Special Pops	Available For Rentals  Contact Front Desk For Details
7:00-8:00am	Pool Maintenance	Pool Maintenance	Pool Maintenance	Pool Maintenance	Pool Maintenance		
8:00-9:00am	Shallow Water Aerobics	Deep Water Aerobics & Water Walking	Shallow Water Aerobics	Deep Water Aerobics & Water Walking	Shallow Water Aerobics		
9:00-10:00am	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons		
10:00-11:00am							
11:00am-12:00pm	Lap Swim & Water Walking	Lap Swim & Water Walking	Lap Swim & Water Walking	Lap Swim & Water Walking	Lap Swim & Water Walking	Swim Lessons 11am-12pm	
12:00-1:00pm						Lap Swim & Swim Lessons 12pm-1pm	
1:00-2:00pm	Lap Swim & Family Swim	Lap Swim & Arthritis Ex Class	Lap Swim & Family Swim	Lap Swim & Arthritis Ex Class	Lap Swim & Family Swim	Public Swim 1pm-2pm	
2:30-5:00pm	High School Swim Team	High School Swim Team	High School Swim Team	High School Swim Team	High School Swim Team	Women's Only Swim 1st & 3rd Sat 2:30-4:30pm	
5:00-6:30pm	King Aquatics Club & AMG Swim Lessons	King Aquatics Club & AMG Swim Lessons	King Aquatics Club & AMG Swim Lessons	King Aquatics Club & AMG Swim Lessons	King Aquatics Club & AMG Swim Lessons	Available for Rental  Contact Front Desk For Details	
6:30-8:00pm	AMG Swim Lessons	AMG Swim Lessons	AMG Swim Lessons	AMG Swim Lessons	AMG Swim Lessons		
8:00-9:00pm	Lap/Family Swim	Public Swim	Lap/Family Swim	Public Swim	Lap/Family Swim		





**Kent Meridian Pool**

*Buy 40 swim lessons & receive a FREE 4 month family pass.*

\*One time use per household\* Offer Expires Dec 31, 2014





**Kent Meridian Pool**

*One Free Public Swim, Family Swim, Lap Swim or Water Exercise Class*

\*One time use per household\* Offer Expires Dec 31, 2014

Kent Meridian Pool  
25316 101st Ave SE  
Kent, Wa 98030  
[www.KentMeridianPool.com](http://www.KentMeridianPool.com)




## Kent Parks, Recreation and Community Services

Kent Commons  
525 Fourth Avenue North  
Kent, WA 98032-4497

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Permit #137  
Kent, WA

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## REGISTRATION INFORMATION



### MAIL IN

Send form and payment to Kent Commons Registration, 525 Fourth Ave. N., Kent, WA 98032-4497. Make checks payable to City of Kent. Allow 3 days for mail delivery. Do not send cash.



### FAX

Fill out registration form. Include V/MC number and expiration date. Send to Kent Commons at **(253) 856-6000** 24 hours/day (will be processed the next working day; handled as mail-in registration).



### PHONE IN

**(253) 856-5000** Have charge card and guide handy! Fill out form before you call Monday-Thursday 6 am-10 pm, Friday 6 am-9 pm, Saturday 8 am-9 pm.



### WALK IN

Kent Commons, 525 Fourth Ave. N. (Corner of 4th and James) Monday-Thursday 6 am - 10 pm, Friday 6 am-9 pm, Saturday 8 am-9 pm.



### ONLINE

Visit our website at **webreg.KentWA.gov** 24 hours a day! Have V/MC number, expiration date, client number and family PIN handy.

### POLICY

1. Register early to ensure likelihood of placement in class of first choice.
2. Registration is processed on a first come, first served basis.
3. For mail in or FAX registrations, you will be called for second choice if class is filled.
4. Confirmations are available upon request.
5. The Department has the right to change content and provision of classes.
6. There will be a \$25 fee for returned checks.

### REFUNDS/CREDITS

1. Full refunds will be given for any classes postponed, rescheduled or cancelled by the Department.
2. A \$5 service fee will be deducted from every approved refund.
3. Credit for the full registration may be issued in lieu of a refund. Credits will remain on your account for one year, at which time you will receive a refund for any amount over \$25.
4. Three days notice prior to class start date required on all requests for refunds or transfers.
5. No refunds will be given after one-half of program is over.
6. No refunds/transfers will be given for one-day workshops or classes once completed – no exceptions.
7. Some programs have specific refund policies. Please check prior to registration.

### SPECIAL NEEDS

1. People with special needs are encouraged to participate in any program.
2. If you have needs requiring special services, indicate this on registration form. For TDD users, call **1-800-833-6388**; Telebraille, **1-800-833-6385**; and Voice, **1-800-833-6384**. This service is provided by Washington State Telecommunications Relay Service at no cost except long distance charges.

### ACCESS TO RECREATION/SCHOLARSHIPS

Kent Parks, Recreation and Community Services is dedicated to enriching lives. A goal within that mission is to ensure that every pre-school child and school-age youth residing within the City of Kent or Kent School District has full access to a wide variety of recreational opportunities regardless of family income or ability to pay.

Applications for assistance are available at the Kent Commons. Residency and other restrictions apply—please call **(253) 856-5000** for more information.